



House Talk

Kiwaniis in Action at our Kiwanis Family House

Volume XI Issue 7

January 2011

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From our house, to your house:



We wish you a Happy and a Prosperous New Year!

Martin Luther King, Jr.
Day
Jan. 17, 2011



At the Lincoln Memorial, August 28, 1963

"... We hold these truths to be self-evident, that all men are created equal...."

Janus... as in January



In Roman mythology, **Janus** was the god of gates, doors, doorways, beginnings, and endings. His most apparent remnant in modern culture is his namesake, the month of January.

To assist Janus, with his backward and forward looking abilities a *brain trust* was established and polled. The *brain trust* could be considered the movers and shakers of our Kiwanis Family House.

The *Brain Trust* was asked: "Please each of you write as to the thing or couple of things that worked well for our KFH in 2010 and then what you would like to accomplish in 2011?"

Cal Hara (Board member): *The Kiwanis Family House would not exist without the support of sponsoring Kiwanis Clubs. Guests appreciate the availability of the Kiwanis Family House to be with their loved one at the UC Davis Medical Center and Shriners Hospital. In 2010, we fine tuned our communication with sponsoring clubs. This fine tuning increased the*

awareness of clubs about the Kiwanis Family House, the guests we serve in time of need, the need for volunteer participation, and the critical need of financial support.

In 2011, I envision that we will not only continue the communication with sponsoring clubs, but also that sponsoring clubs take the lead in assuring that financial support is provided for the day-to-day operation of the Kiwanis Family House.

Sponsoring clubs, let's all pull together and lend a hand to the Kiwanis Family House to support the adults and children who are in need.

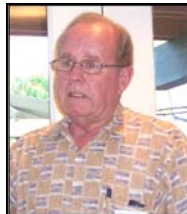
Kiwanis Family House board

(Continued on page 10)

President's Message by Rick Dwyer

... "Thank you all for your support; we are truly blessed to have you as our Friends"....

As we close this year 2010, I want to say thank you to all of our **Kiwanis Family House (KFH)**



staff, board members, individual sponsors, sponsoring clubs, Key Clubs and all those other individuals who have so generously given of their time and resources.

We could not have made it this year without all of your help.

May God bless you and bring happiness and joy into your lives. We could not have made it through this year without your loyal support. Thank you also for your "in kind" giving on non monetary gifts such as food, clothing, paper products, toiletries, all appreciated by

our guests throughout the year.

Our goal for 2010 was to survive by paying all of our bills. This we did with little to spare. Our fundraising goals for the year are below our expectations. We broke even because more friends stepped up to the plate to help us out. Thank you again for this broad support.

The year of 2011 looks just as financially bleak. We need to re-organize and energize our efforts to meet the new challenges.

Our ARCO days are over per message from **Pete Arney** and **Rich Kocher**, ARCO program leaders. See page 3.

Our remaining games as volunteer concession stand operators have been canceled by *Levy Restaurants*. We had 16 games scheduled this year with expected revenue of

about \$14,000 for the period to assist us in this successful 10 year run. This will be lost revenue of approximately \$10,000 we depended upon. **(Refer to pages 5-6)**

Our board, Kiwanis clubs and friends need to rally next year to replace this source of revenue. Some clubs have also lost their source of fundraising revenue while others have picked up the pace. It is a never ending challenge.

Board member **George MacMurphey**, from the **East Sacramento Mid Town Kiwanis Club**,

(Continued on page 10)

Our Kiwanis Family House is a United Way Certified Partner Agency!



www.kiwanisfamilyhouse.org



Important Dates

**Kiwanis Family House
Board meetings
Kiwanis Family House
2875 50th Street
Sacramento, CA 95817
Second Thursdays 7:00 pm**

2011

January 13

February 10

March 10

April 14

May 12

June Annual Meeting TBA

July 14

August 11

Kiwanis Family House Mission Statement

"Dedicated to providing temporary housing and support to families of seriously ill family members being treated at University of California at Davis Medical Center"

House Talk is a monthly newsletter published by the Kiwanis Family House, Inc. 2875 50th Street, Sacramento, CA 95817-2308. (916) 736-0116.

website: www.kiwanisfamilyhouse.org

The Kiwanis Family House is a 501 (c) 3 organization incorporated by in the State of California and recognized by the IRS.

Board of Kiwanis Family House

President.....**William "Rick" Dwyer (2011)**
Vice President..**William L. Hooper (2011)**
Secretary.....**Robin McIver Esq(2011)**
Treasurer.....**Joyce A. Blonskij (2012)**
Director**Vacant (2011)**
Director.....**Calvin Hara (2011)**
Director.....**Bob Isaacs (2013)**
Director.....**George MacMurphey(2013)**
Director.....**Tom Morrissey (2013)**
Director.....**Dan Saulisberry (2012)**
Director.....**Neil Strain (2012)**

Past President.....**Loring Turrell**
UCDMC Liaison.....**J.P. Eres III**
Editor.....**John W. Seigal**

House Talk is published monthly and sent to supporters and owners of the Kiwanis Family House Inc.. The editor is solely responsible for the content. It is the intent to be 100% accurate. Articles labeled as Editorial represent the opinion of the editor and may not represent the opinion of the Kiwanis Family House, the board, or Kiwanis International. The address of the editor is P.O, Box 1131 Sloughhouse, CA 95683-1131 or email: jwseigal@sbcglobal.net



Visit us at:

- ♥ Feb. 5 Saturday for Mid-Year North in Sacramento at the DoubleTree Hotel
- ♥ Feb. 19 Saturday for Mid-Year South in San Diego at the Town and Country Resort & Convention Center
- ♥ Aug. 18-20 for 91st Annual District Convention in San Diego - also at the Town and Country Resort & Convention Center

Subscription information about *House Talk*

- ♥ *House Talk* is the official publication of our KFH.
- ♥ Each Sponsor Club is emailed a copy to the designated Kiwanian.
- ♥ If you are interested in receiving the *House Talk* via email visit our website at: www.kiwanisfamilyhouse.org and enter your email address on the lower left-hand corner where it says "Sign Up For Our Email Newsletter".
- ♥ If you wish to receive it by US Postal Service contact Editor on page 10.

Free money



There are still areas with Albertsons Supermarkets. Keep using your Albertson's Preferred Savings Card.

**Register your card by calling
(800) 353-9002.**

Buy a brick!

The bricks cost \$100@. The lettering grid is 15 spaces across and three rows deep. Use them for birthdays, anniversaries, memorials, sponsored organizations, past presidents, honorary members, and more.

For more information or a brick order contact editor (page 10).

Would you donate 3% of your supermarket shopping to our Kiwanis Family House?

It is simple as 1-2-3

1. Do you shop at Save Mart, Smart, Food Maxx or Lucky Supermarkets?
2. If so scan your S.H.A.R.E.S card and the house gets a percentage. You still get the great sale prices and the rest.



3. If you do not have a card contact editor (page 10) and send your name and USPS mailing address. Editor will send you a S.H.A.R.E.S. card by return mail!

Scan the S.H.A.R.E.S. card each time you shop!

SAFEMART

VONS Giving our best.

PAVILIONS
GENUARDIS

Our Kiwanis Family House earns a portion of your purchases of the above supermarket cards, **if your cards are registered.**

You still get the same bargains and savings that the cards entitle you to.

But our Kiwanis Family House earns a percentage of the sale.

Swipe and we earn. It is as simple as that.

If you need help registering your cards contact the editor (page 8).

The supermarket cards are the shoppers cards. Call (800) 254-5404 or go to www.escrip.com

♥ **Our Group Number is 51297.**

♥ **Our Group Name is: Kiwanis Family House.**

Kiwanis Family House, not in my backyard!

Report #106

Since October 1, 2001 to November 30, 2010 (*the effective dates of this report*), **8,658** families have stayed one or more nights at our Kiwanis Family House while being treated at UCDMC.

This report covers over eight years. Previous to October 1, 2001 the reports were tabulated in a different format.

Our KFH has hosted **648** families from **outside Cal-Nev-Ha District** (California, Nevada, and Hawaii).

These **648** families come from:

Alabama	Montana
Alaska	Nebraska
Arizona	New Hampshire
Arkansas	New Jersey
Colorado	New Mexico
Connecticut	New York
Delaware	North Carolina
District of Columbia	Ohio
Florida	Oklahoma
Georgia	Oregon
Idaho	Pennsylvania
Illinois	Rhode Island
Indiana	South Carolina
Iowa	South Dakota
Kansas	Tennessee
Kentucky	Texas
Louisiana	Utah
Maryland	Vermont
Massachusetts	Virginia
Michigan	Washington
Minnesota	West Virginia
Mississippi	Wisconsin
Missouri	Wyoming

Also, there have been families from:

- Belgium
- Brazil
- Canada
- England
- Federated States of Micronesia
- Guatemala
- Haiti
- Israel
- Italy
- Mexico
- Netherlands
- New Zealand
- Pakistan
- Serbia
- Taiwan
- Uruguay
- Venezuela
- Wales

Division 7 and Division 44 are considered the "host" divisions. Families living within 35 miles of UCDMC are **not** eligible to stay at our KFH.

Aren't you glad that there is your Kiwanis Family House at UC Davis Medical Center in Sacramento, California?

Div.	Lt. Gov.	Families	%
39	Mower	2,293	26.48%
14	Johl	991	11.45%
27	Diaz	690	7.97%
Out of	District	648	7.48%
45	Maxhimer	557	6.43%
46	Smith	552	6.38%
44	Webb	548	6.33%
20	Arimoto	352	4.07%
23	Tout	292	3.37%
8	Lewis	290	3.35%
32	Wheaton	236	2.73%
7	Isaacs	190	2.19%
5	Wayne	118	1.36%
26	Ontis	115	1.33%
36	Coley	99	1.14%
18	Bañuelos	89	1.03%
12	Fukasawa	86	0.99%
34	Stern	81	0.94%
2	Bowerman	76	0.88%
38	Coltin	44	0.51%
28	Dwyer	27	0.31%
43	Woodruff	25	0.29%
42	Medley	21	0.24%
33	Orrin	20	0.23%
29	Miller	19	0.22%
41	Bonar	19	0.22%
11	Teagle	18	0.21%
15	Cridland	16	0.18%
22	Smith	16	0.18%
16	Kessler	15	0.17%
31	Mills	14	0.16%
4	Laub	11	0.13%
6	Wilkinson	11	0.13%
10	Peng	11	0.13%
24	Fisher	11	0.13%
30	Scheibel	11	0.13%
37	Kerley	10	0.12%
1	Guske	9	0.10%
25	Montaño	9	0.10%
47	Laughlin	8	0.09%
13	Smith	5	0.06%
35	Deal	3	0.03%
19	Ackerman	2	0.02%
	Totals	8,658	100.0%

ARCO and KFH By Pete Arney

Once upon a time, **Gary Christensen** came up with an idea to raise money for the Kiwanis Family House by selling hot dogs, pizza, beer, soda, candy, and chicken baskets.



Volunteers would operate a concession stand at Arco Arena during the Kings Basketball season. They would commit for a few games but could cancel with short notice if things didn't work out.

Concession stands at Arco Arena were then owned by the Maloofs, who also owned the Kings Basketball team. The Maloofs had a program that let charities operate the concession stands for a share of the profits. Gary applied and began putting his idea into practice.

Volunteers from many clubs were needed and they responded. Not only from the Sacramento area but from Reno, Santa Rosa, Fairfield, Grass Valley, Amador, Rancho Murieta, Lincoln, Davis, Woodland, Placerville, Vallejo, and the foothills just to mention a few.

Volunteers came from Kiwanis clubs, Circle K Clubs, and friends of the Family House as individuals and the UC Davis Health System. They came from all walks of life: medical doctors, nurses, bank and financial managers, engineers, real estate sales, telephone installers, and truck drivers. They rang up sales, rolled hot dogs, ran for pizza and fries, laughed, worked up a sweat, and had a great time.

That was 11 years ago. Gary's idea was a huge success. Over the eleven years volunteers worked a total of 148 events to provide over \$156,700 to help the Kiwanis Family House fulfill its mission.

The concession stand ownership changed this past year from the Maloofs to a private vendor, Levy Restaurants. Changes were made. Our volunteers adapted to new registers and operational practices like troopers. They began wearing purple caps and shirts, and selling tons of new food items. They had to figure out a dozen new food coupons and how to ring up funnel dippers. But the fun continued and the volunteers kept coming. Fans told us they would leave the lines at other stands and come to ours because we were faster. At our last game, we generated the most sales of the four stands, including Levy's own.

We started our 2010-2011 with 16

(Continued on page 4)

www.kiwanisfamilyhouse.org

ARCO and KFH By Pete Arney

(Continued from page 3)

games scheduled. After the first four games, however, the remaining dates were canceled by Levy Restaurants due to low ticket sales.

Levy wanted to keep their own people employed, and rightfully so.

The charities program was canceled and our tour of duty at Arco for the Kiwanis Family House was over - almost.

Ted Hansen, our contact at Levy Restaurants, generously chose our Kiwanis volunteers to work a concession stand one more time at the last Kings game of the season - a Lakers' game - on April 13. Lakers games always play to a full house and generate the most income for us. It was a blessing and will be our Last Hurrah!

We'll miss the camaraderie we enjoyed at the games. As Gary recently said: *"To me, the biggest benefit to the concession project was all of the networking and good will for the KFH that was established. They were the key elements to our ability to raise the millions for the capital campaign to build the new House."* That is seconded by all who have been involved.

Maybe, like the Phoenix, something will arise from ashes of Arco. Ideas are needed and plans made to see what else can be done with our vast pool of dedicated volunteers to keep us engaged in helping support the Kiwanis Family House.

Perhaps we can start with a brainstorming meeting with as many Arco regulars as we can get and start putting together as many ideas as possible. Let's see what we can do. You can help, let's keep in touch. Our email:

kfharconews@pacbell.net

and website:

www.kfharconews.com

will be maintained and kept current for at least another year or two.

News and information will continue to be posted if relevant to our Arco operation and Kiwanis Family House.

Our Kiwanis Family House still needs us!

Editor's Note: It was years ago, that the then Treasurer of our Kiwanis Family House, **Jim Putnam**, read an article in the *Sacramento Business Journal*, about the Sacramento Kings looking for charities to assist at the concession stands. **Jim told Gary.**

Ask Alan Penn

What do you recommend to club leadership to prepare a calendar for 2011?

This is a critical time of year for each of our Kiwanis clubs. We have completed our first quarter of the year of service to our communities. It is now time to reflect upon what we have accomplished and what we want to attempt to accomplish with the rest of the year.



So let's look at some possible new year's resolutions for our clubs in 2011.

- ✓ We will perform two new service projects
- ✓ We will make sure we recruit one new member per month
- ✓ We will visit each of our sponsored youth clubs each month
- ✓ We will make sure our officers attend Club Leader Education.
- ✓ We will make sure our club committees are viable, functioning, and completing their projects
- ✓ We will attend our Division's meetings
- ✓ We will have an interclub at our regional or midyear conference
- ✓ We will send two delegates to the International convention in Geneva
- ✓ We will send three delegates to the District convention
- ✓ We will make a significant contributions to:
 - ♥ Kiwanis Family House
 - ♥ The Rose Float project
 - ♥ Our District Foundation
 - ♥ Our new **ELIMINATE** campaign
- ✓ We will sponsor and send two students to Key Leader camp
- ✓ We will continue to be enthusiastic about our club, so that we can continue to keep the fire lit for President **Sylvester Neal**.

And finally, we will continue to have good food, fun, and fellowship at all of our club meetings

Editor's Note: Alan Penn, is Kiwanis International's President-elect. This column is exclusive to Kiwanis Family House's *House Talk* and may be shared with permission (freely given) contact Editor on Page 10.

New Tax Act! By Jim Putnam

New tax act allows IRA Roll-over to charities for 2010

The Tax Relief, Unemployment Insurance Reauthorization, and Job Creation Act of 2010 recently signed into law by President **Barack Obama** restores the IRA Charitable Rollover for 2010 and permit its use in all of 2011. The act will be retroactive to January 1, 2010.



The principal rules for direct transfers from an IRA to a qualified public charity are that the IRA owner must be 70½ or older and that the transfer is for no more than \$100,000 each year.

The transfer does qualify for the required minimum distribution. It must be to a public charity like our **Kiwanis Family House** but may not be to a donor advised fund or supporting organization.

A very important potential 2010 benefit exists. Because the drafters recognized that it is very late in the year, individuals who choose to make a qualified charitable distribution (QCD) from their IRA trustee to a charity may make their 2010 distribution any time during 2010 or during January of 2011. Congress determined that the time necessary to make these transfers should be extended for one additional month for the required 2010 distributions.

Please contact KFH Treasurer **Joyce Blonskij** if you need further information about our **Kiwanis Family House**.

Joyce Blonskij (916) 812-2378
Joyce@blonskij.com

51st Annual Creelman-Francisco Classic

The 51st Annual Creelman-Francisco Classic will be held on the last Thursday of April, at Davis (CA) Municipal, April 28, 2011, benefitting our Kiwanis Family House.

Details: Chris Creelman
(916-709-1839).

President **Rick Dwyer** reports: *"This will be lost revenue of approximately \$10,000 we depended upon."*
Here are some possible solutions!

Friends of KFH

The easiest way to feel a part of the Kiwanis Family House is to become a Friend of our Kiwanis Family House.

Even at the entry level of membership, you can reflect that every week you have contributed a couple dollars toward the operation of the house.

Our KFH invites you to join Friends of The Kiwanis Family House to show your support for the House and its services to patients and families in need of residential facilities. Cost: \$100 for the initial membership fee. Annual dues thereafter are \$100.

There are various levels of recognition.

♥ Copper: \$100.00 (entry level)

However if you upgrade your annual level of giving you know that your donation would in part support our Kiwanis Family House and partially fill the void caused by the loss of ARCO funding.

♥ Silver: \$300.00

♥ Gold: \$500.00

♥ Platinum: \$1,000.00 or higher

Contact Editor (page 10) for more details.

Buyl bricks!



The bricks cost \$100@. The lettering grid is 15 spaces across and three rows deep.

Use them for birthdays, anniversaries, memorials, sponsored organizations, past presidents, honorary members, and more.

The bricks are used in the exterior walk-ways at our KFH as well as in the interior atriums.

What a fitting tribute to loved ones.

For more information or a brick order contact editor (page 10).

Would you donate 3% of your supermarket shopping to our Kiwanis Family House?

It is simple as 1-2-3

1. Do you shop at Save Mart, Smart, Food Maxx or Lucky Supermarkets?
2. If so scan your S.H.A.R.E.S card and the house gets a percentage. You still get the great sale prices and the rest.



3. This supermarket corporation is so supportive of our KFH that it provided S.H.A.R.E.S. cards with our logo and mission statement. (Previously issued cards are still valid)
4. Our most recent quarterly check amount was over \$800.00
5. **We could triple that amount** if family members of K-Kids; Builders Club; Key Clubs; Aktion Clubs and Circle K Clubs obtained and used these cards.
6. If you do not have a card contact editor (page 10) and send your name and mailing address, and the number of cards requested. Scan the S.H.A.R.E.S. card each time you shop!

Wish list!

"I wish I may and I wish I might, have this wish, I wish tonight", might be the thoughts that House Director **Mauda Butte** might have when she prepares the Wish List for our Kiwanis Family House. The best way to find out her most urgent wish is to call her directly (916) 736-0116 or email her at: maudabutte@aol.com



That which you provides saves money in the budget.

How do you put such things as Paper Towels in an envelope? Answer: You don't. Send gift cards for Costco; Sam's Club; and/or Target. Mail to the KFH (see page 2)



Urgent!
Must read!
Especially
Sponsor Club!
by Bill Hooper

Our Kiwanis Family House has urgent needs. Money is one of them. Money is needed to spend for the expenses of maintaining our KFH to complete its mission.

Think of this, if our KFH could cut on expenses, we would not need as much money. Make sense doesn't it?

We all do not have the expertise that we need, but clubs (especially Sponsor Clubs could have the talent that is needed.

Our KFH is trying to update its list of people who have special skills in any of the trades and would be willing to donate their expert advice to members of the Board as we decide how to solve various maintenance issues at the House.

Right now we need advice on how to deal with problems we are having with our H-VAC system.

As the house ages we need to fix more and more items, if you know of someone who will donate their time and expertise to help us with the maintenance concerns of the House please have them contact me.

Bill Hooper at 916-988-6880 or bhoopk1g56@comcast.net

Recycling makes cents!

Donate ink cartridges, LASER cartridges, toner cartridges etc. to our KFH.

It helps the environment, lessens the impact on land fills, and makes cents.

If you work for a company, ask it if it will cooperated in giving you the items for to take and donate.

Our KFH gets money when we turn them in.

Besides the above there is a receptacle for plastic shopping bags.

Recycling money is "green" and spends the same way with a lessening on the KFH budget.

More ideas on page 6!

**Our "go to guy"...
Stockton's Ron Abbott**



What is a "go to guy"? *Someone who can resolve a difficult problem or situation another person's facing*

Proof #1:

Not all of the guests can afford to pay the \$40 daily fee. We never turn away anyone based on the lack of ability to pay.

Ron Abbott developed the *Sponsor a Family for a Night Program*.

It started off as a nice to have asset, but becomes of economic times it has developed into a **Must have!** Program. Here is how it works:

Send in your donation. It is \$40@ night. Send check or your credit card number with expiration date (Visa, MasterCard, and American Express only). Mail to Kiwanis Family House, Inc. 2875 50th Street Sacramento, CA 95817-2308.

If this sponsorship is a gift to honor someone's birthday, anniversary, or other milestone, then provide the honoree's name and address also. It would be a great gift for the person who has everything.

This donation is applied to fill in the amounts that for those who can only make partial payments and to pay the bill for those who have been proven unable to pay for the stay.

Proof #2:

Sponsor Clubs have the obligation (over and above of paying annual dues of \$100) to hold an annual fund raiser.

Here is a suggestion which is fun and easy.

The Kiwanis Club of Stockton has been able to collect some \$1,562.00 in the Kiwanis year of 2009 – 2010.

All they do is pass this collection vessel around at each meeting.

They have purchased several items on the wish list, which is published each month in this journal. So far coffee, paper towels, T.P. for you know what, two sets of small tables, chairs for the rooms, arms for the toilets in order to make them handy cap safe, refrigerator for common use and many other items.

All it takes is one or two member in a club to take it upon them self to collect the funds and send them along to **Mauda Butte** at the house.

You can designate how the money is to be spent or purchase something on the wish list and deliver it yourself.



If nothing else sponsoring a family once a month for \$40.00 will be a big help. Do the math. If the 87 sponsoring clubs would collect just \$40.00 a month that would be \$3,480.00 to help the house meet some of their financial commitments.

The Stockton Club is averaging \$130.00 +/- a month.

If your club is looking for an on going project try this one.

Proof #3: Ron Abbott got together with **Neil Strain** from the KFHS Sacramento Club, a club of about 15 members.

The club sells 300 tickets at \$10@.

When the winning ticket is drawn, the winner gets \$1,000 and our KFHS gets \$2,000. Simple, cheap, and not too many hours pulling it off.

**Got a clunker,
or better?
Donate it!**



Our KFHS is able to accept non-running vehicles and they don't have to be registered.

As a charitable contribution your donation can make a big difference.

Donations may be made country-wide. Call Car Program, Inc. at (800) 240-0160.

You may wish to contact KFHS board member: **Calvin Hara** at (916) 812-5524 or cmhara@comcast.net



Our Kiwanis Family House is now on Facebook!

By Mary Thomson

Now you can help support the Kiwanis Family House by using Facebook. If you are on Facebook (or are planning on joining) you should **"Like"** the Kiwanis Family House page.

You can also click **"Share"** on any posting and this will share our stories with your Friends. It appears on their wall and news feed for Friends to see and spreads the message of Kiwanis Family House!

You can also **"Suggest"** a page to all your friends via a message. Just click on **"Suggest to Friends"** (the fourth link down from the logo) and choose the friends to whom you want to send an invitation to the Page.

You can post any comments, stories, or suggestions for other Fans to see, and it will also appear on your walls for your Friends to see.

If you want to reference something that is on the website, you should include a link to the Kiwanis Family House page along with your posting.

Here is a recent weekly report:

Kiwanis Family House	
233 monthly active users	↓ 10 since last week
377 people like this	↑ 7 since last week
4 wall posts and comments this week	↓ 7 since last week
50 visits this week	↓ 11 since last week

The November issue of: *Kiwanis California-Nevada-District* reports that Facebook is an invaluable tool: from simple communication among members to marketing you club to potential members.

Facebook is a great place to post photos of the great work that your club reports.

For an easy tutorial go to **www.facebook.com**

KFH Ambassadors



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Neil Strain
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The 19th Annual



Red & White Ball

Saturday, February 12, 2011

Formal - Semi Formal
Dinner Dance and Silent Auction

A benefit for the Kiwanis Family House

No Host Cocktails at 6:00 pm

Dinner at 7:00 pm ~ followed by music and dancing
Prime Rib Dinner. Vegetarian available on request.

\$40 per person

Deadline for tickets: February 2nd, 2011

For tickets or information please call 916.489.4476

Dance to the MUSIC of JON MERKER (Dee Jay)

Location: DANTE CLUB
2330 Fair Oaks Blvd.
Sacramento 95825

Red & White Ball



Red & White Ball 2011 Chair, **Bill Hooper** conferring with his mentor,

Dale Ingvarlsen. Dale has participated in most of the previous events and has chaired over 15 of them.

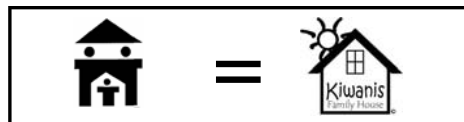
The event for 2011 is being tailored to the special needs of those who will be attending reflecting on today's economy.

The price has been lowered to \$40@. It covers a Prime Rib Dinner (or vegetarian option).

It is still a "sweetheart of a deal". Hint: Celebrate Valentine's Day.

The music will be provided by Kiwanian **Jon Merker**, a disk jockey playing adult contemporary music. He is time tested, having provided such music at other events, and donating his time.

This increases the bottom line which will benefit our KFH.



"Over the years"

The current series of *House Talk* (Volume I Issue 1) is dated May 1, 2001.

**Eight years ago
Volume V Issue 7
January 2005**



Kristi Gordon was the first person who signed up originally (for a now defunct) Ralph's Super-market card.

Again she was the first person to "re-enroll". Kristi is a previous Key Club member who understands community service.

**Six years ago
Volume VI Extra Edition
January 2006**

A wet and blustery New Year's Day followed the barrage of rain that pounded the state Saturday, sending hillsides slumping across roads, recreational vehicles tumbling into rivers and hundreds fleeing floodwaters.



House Director's **Mauda Buttes'** car (on the left) was totaled.



A car belonging to a guest of our KFH found his/her car totaled.

The wind blew sheets of plywood from the construction site to the parking stalls at the M.I.N.D. Institute

The distance measured was 252 feet and 3 inches!

There were about eight to ten sheets blown about! Each sheet weighed over 75 pounds!

Tips for a safe New Year!

Burns, intestinal illness from unsafe food, and safety hazards for small children are common safety problems especially over holiday seasons and family get-togethers - but can be avoided with a few simple safety precautions.

Family gatherings are great fun for kids, but there are often extra hazards for parents to look out for as well.

No one probably enjoys these events more than children. Taking precautions to avoid sickness or accidents can help make sure their season is healthy and safe, too.

Avoid burns

UC Davis pediatrician **Kevin Tracy** says, "Unfortunately, burns are common injuries around the holidays, but you



can take several steps to promote fire safety." Here are some tips:

- ♥ Check or install smoke detectors on each level of your home, preferably outside each bedroom.
- ♥ Use a sturdy fireplace screen to keep sparks inside the hearth.
- ♥ Use the fireplace only when you are at home, and extinguish the fire when you leave the house.
- ♥ Make sure all extension cords are in good condition. Never run them under a carpet.

Handle food safely

- ♥ Fully cook meats and poultry, and thoroughly wash raw vegetables and fruits. Bacteria are often present in raw foods.
- ♥ Wash your hands frequently, and make sure children do the same.
- ♥ Never put a spoon used to taste food back into the pot

- without washing it.
- ♥ Keep raw foods and cooked foods separate during preparation, and keep the utensil used to prepare them separate, too.
- ♥ Thaw meat in the refrigerator, not on the counter.
- ♥ Never leave meat at room temperature for more than two hours.

Remember that not all homes are childproof. Take a survey of the home you are visiting the moment you enter.



"Unsafe food handling is another cause of sickness," Tracy says, "but most problems can be easily avoided by following a few guidelines."

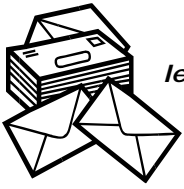
Be mindful during and after gatherings

"(Family parties) can pose safety hazards for small children," Tracy says. Remember to:

- ♥ Clean up after your holiday party. A toddler can choke on leftover food or become dangerously ill on alcohol or tobacco.
- ♥ Leave the sitter the phone number of the home you are visiting in addition to numbers for police, fire, poison control center and your physician.
- ♥ Remember that not all homes are childproof. Take a survey of the home you are visiting the moment you enter.

For additional holiday safety tips, Tracy suggests that parents check the American Academy of Pediatrics Web site at www.aap.org.





*"Letters, we get
letters, we get stacks
and stacks
of letters..."*

These letters are left at our KFH addressed to you. They are published to show our readers of the impact made by the staff and services of our Kiwanis Family House and UC Davis Medical Center. The letters are published as originally written and punctuated. This is to preserve the sincerity and spontaneity of the writer.

"We thank Kiwanis House so much for the gracious hospitality that was extended to our family during a very stressful and worrisome time. Staying here has been a great help in allowing us to be near to our son when he needed our support the most.

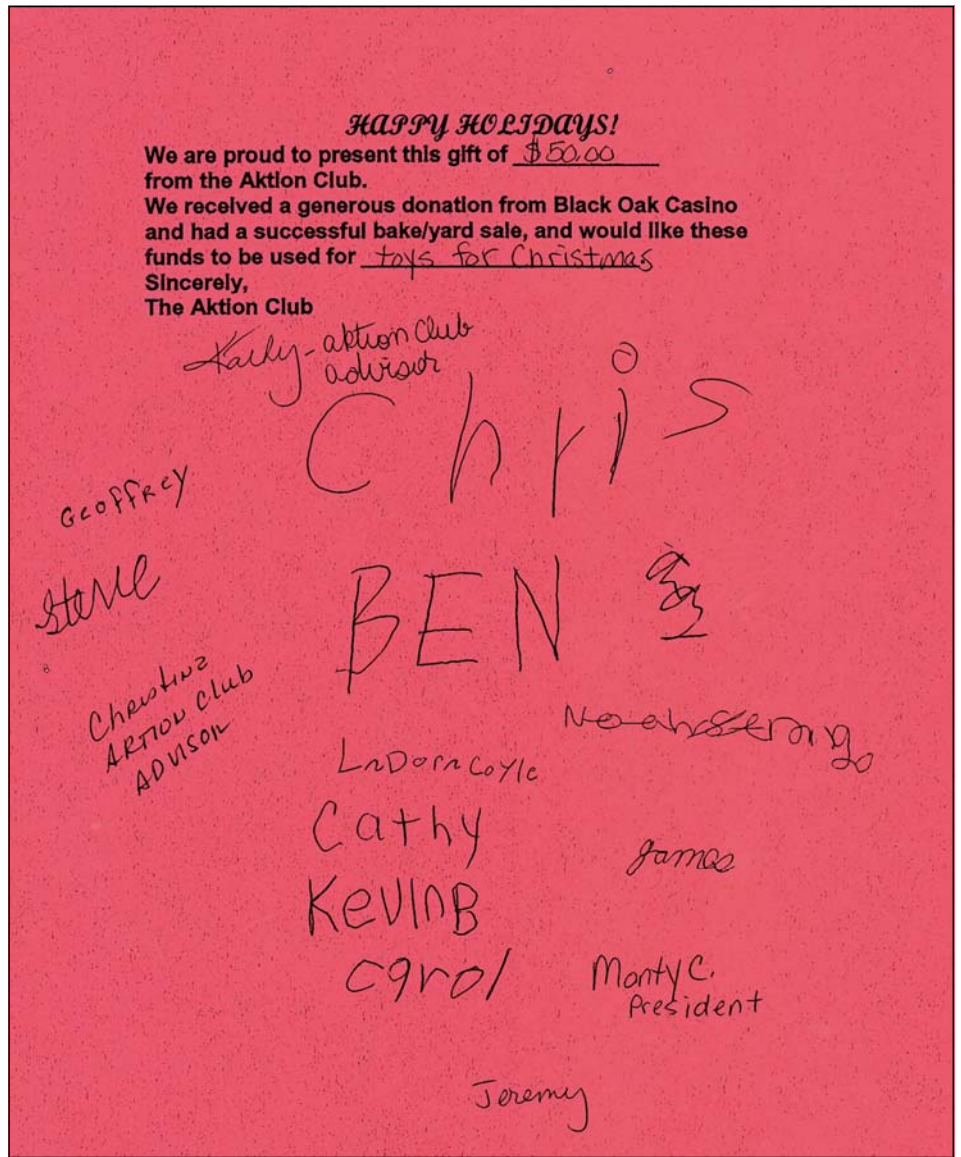
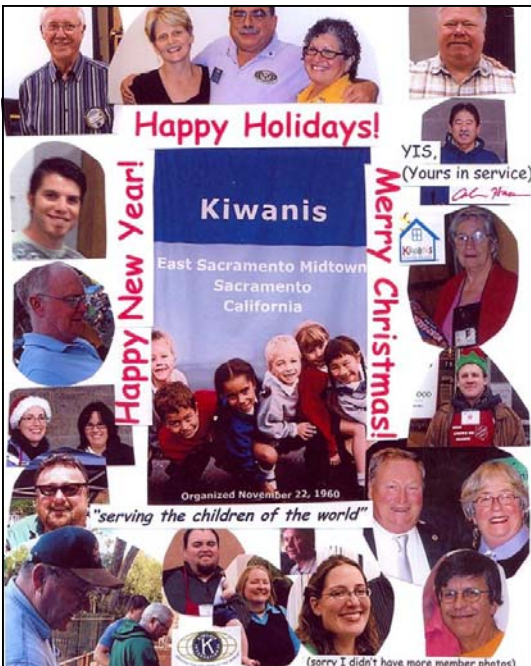
"Thanks again and God Bless!

"So much gratitude, not enough words. Our son came down to UC Davis with 2 types of pneumonia and a throat infection. Thanks to people like you — and the staff at UC Davis. We would have never been able to sleep the night.

"God bless you all"

Holiday Greetings (below) received from the Kiwanis Club East Sacramento Midtown, CA.

This creative design has most of the club members' pictures. This club meets at our KFH on Fridays.



Above received from Aktion Club

"I would like to thank (names of staff members) for all the kindness and compassion they showed me and my family during this time of stress while my (family member) had open heart surgery.

"This has been a lot of relief to have a place well away from home to come to , a sanctuary to relax and regroup during this painful trial.

"Thanks be to God for the Kiwanis a special group of people that open their hearts and home."

*"We want to thank you for being here when we needed you!
"God bless you and thank you for having places like this one".*

"Once again our stay here has been like being at home. Everyone here at our 'second home' makes us feel like a part of a very big family.

"We want to thank everyone for giving us this wonderful place."

"Thank you for the room and all the support that went with it.

"Everyone was extremely nice to me. Without you I would have been sleeping in the car while my son was in the hospital. In the future I will support the Kiwanis in any way that I can!"

President's Message

By Rick Dwyer (Cont'd)

(Continued from page 1)

(term ending 2011), term has been extended to 2013. He is replacing the remaining term of past board member **Gerry Emery** from the **Escalon Kiwanis Club**, who resigned last month. George's remaining six month term will be filled at next year's election.

Big thanks to **David Chamberlain**, CEO of

Kovar's Satori Academy. Its studio in Carmichael, at 7520 Fair Oaks



Boulevard was outfitted with a spectacular exterior Christmas light show opening from December 21 through December 31. **Dave**, a big supporter of **KFH**, nominated **KFH** to be the beneficiary of a canned food drive during this show period. Watch for the first of



Another new nontraditional fundraiser this year, most of you have heard about by now, is "Locks for the House" sponsored by **Roni Stroud**, Pres. of Folsom lake club and past Board Member, and an extraordinary woman. She will shave her head if you vote to do so. Roni has a goal to raise at least \$10,000 for **KFH**. **Did she shave or not?** Look for the results on the Kiwanis International Float in the 122nd Annual Rose Bowl Parade on a television next to you on 8:00 a.m. New Year's Day.



Thank you all for your support; we are truly blessed to have you as our Friends. Till next time....

Janus... as in January

(Continued)

(Continued from page 1)

members, who serve as ambassadors to sponsoring clubs, are readily available to assist clubs in identifying fund-raising projects and in-kind needs for the benefit of the Kiwanis Family House.

Robin McIver (Board member): *Over the past year, I have truly enjoyed working with such a dynamic and hard-working group of people involved with the KFH. In the coming year, I would love to see more sponsor clubs participate with the KFH!*

Tom Morrissey (Board member): *2010 was a transition year for me as a new Board Member. It has been spent learning about being an Ambassador to other Kiwanis Sponsoring Clubs. Next year I hope to become a better Ambassador as well as help find a way to continue generating support for KFH through the Kings and ARCO Arena Events. To have that fundraising opportunity cut short this year will have a detri-*

House Talk Contact the Editor

Quick Facts about **House Talk**

1. **House Talk** is a monthly newsletter published by the Kiwanis Family House, Inc.
2. The editor is solely responsible for the content of **House Talk**.
3. Deadline 5:00 pm on the second Thursday of the month.
4. Items are solicited. Items submitted will not be returned unless noted by the sender.
5. Errors in the **House Talk** are to be brought to the attention of the editor. Egregious errors will be corrected in a future edition.
6. Responses to the articles and authors unless indicated otherwise can be sent to the editor for forwarding.
7. Editor is **John W. Seigal**.
8. Email address is: jwseigal@sbcbglobal.net
9. US Postal Service address is: P.O. Box 1131 Sloughhouse, CA 95683-1131



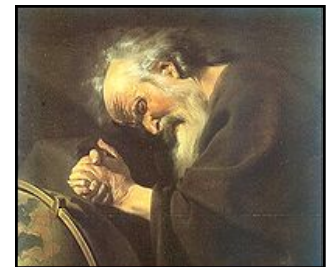
mental impact on KFH so we'll need to find a substitute.

Pete Arney (Arco Project Coordinator) *Arco concession stand ownership changed in 2010 from the Maloofs to a private vendor, Levy Restaurants. Changes were made, some positive and some not. The wonderful thing is that our volunteers adapted to new stringent practices like troopers and have made 2010 a great year of support for the Family House.*

For 2011: *Editor's Note. Late breaking bad news, please refer to page 3 for full story.*

Gary Christensen (Development Director): *Looking back at 2010, it was an every-day endeavor to insure that the Kiwanis Family House had enough revenue and resources coming in so we could serve the more than 1,000 families who needed shelter. We primarily focused our attention on the supporting Kiwanis clubs by improving our communication with the clubs so they would feel engaged and hopefully more supportive of our mission.*

Looking ahead, we will continue our Kiwanis club outreach, as well as nurturing the other support base sources. With the opening of the new emergency room pavilion at the UCD Medical Center recently, we expect the number of families arriving in Sacramento needing our service to continue to increase, so the challenge of being prepared to take in all who need a helping hand will only grow.



Heraclitus was an ancient Greek philosopher who lived about 100 years before Plato. He held "*Nothing is permanent except change. The only constant is change*". There will be changes for 2011, some foreseen and some not. Our success is not based on the obstacles that lie before us, but how we overcome them.