



House Talk

Kiwanis in Action at our Kiwanis Family House

Volume XII Issue 11

May 2012

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From our house,
to your house:



Sunday
May 13th

Sponsor a Family for a Night



Donations pay for those families who cannot afford it, or supplement families who can only make partial payments.

We never turn away deserving families for lack of payment.

Send in your donation. It is \$40@ night. Send check or your credit card number with expiration date (Visa, MasterCard, and American Express only). Mail to Kiwanis Family House, Inc. 2875 50th Street Sacramento, CA 95817-2308.

**It is the source that keeps us in operation!
It is that important!**

Leona R. Bright 1921-2012



The surviving co-founder of our Kiwanis Family House **Leona Ramona Bright** passed away on March 17, 2012.

She was born in Los Angeles, California on October 5, 1921, the third child of **Oral F. Lazarus Sr.** and **Lucile Lazarus**.

Preceded in death by two of her older brothers, Oral Jr. and Phillip, leaves only her younger brother Robert surviving.

A graduate of Fremont High School in 1938, she went to work for the Lockheed Aircraft Company in Burbank as a blueprint reader where she met her future husband.

She married Lloyd '**Vern**' **Bright** March 20, 1939. They raised six children, **Ronald** of
(Continued on page 6)

Annual Meeting!



The Annual Meeting for our Kiwanis Family House, will be held at the KFH

on Saturday, June 9, 2012 at 11:00 a.m.

If you want to set your GPS or computer mapping directions set in: 2875 50th Street, Sacramento, CA 95817-2308. (916) 736-0116. We are on the campus of the UC Davis Medical Center in Sacramento.

We need a quorum to hold an election and to conduct business.

We need nominees for the open board positions.

President's Message by Bill Hooper

"...This was a great moment for our KFH and for the Kiwanis family as the slides and story... filled the large screens of the banquet room..."

I just returned from a trip to South America and I want to thank all the members of the Board and Vice President **Calvin Hara** for keeping things running smoothly in my absence.

As soon as I returned it was time for New House Director **Dan Germain** to take over and we put him right to work on several projects.

It is a pleasure to watch the skilled way he runs our committee meetings as we develop a new video and a presentation about the House to present at the International Convention.

The team work between **Mauda Butte** and Dan, as she fills him in on the guest relations part of our opera-



tion, is working very well and **Gary Christenson** has returned to his volunteer role as House Development Director and is helping Dan get a grasp on other parts of our complex operation.

At his first Board meeting Dan provided the Board with a clear picture of where we should be heading.

The Strategic Plan we developed is the guideline and Dan is and will be pushing us to implement it ASAP in an effective and carefully planned way.

The House Staff and Board of Directors thank every Kiwanis family member and club that is helping keep our project running so effectively.

At the April Division 44 Division Council Meeting, our House received generous donations from the Kiwanis Clubs of Roseville, Auburn and Placerville.

Chris Creelman and his committee worked hard on the

annual 52nd Creelman Francisco Classic. This is the oldest continuously operating charity golf tournament in Kiwanis.

Division 7 Lt. Governor **Jim Kocsis** and Division 44 Lt. Governor **Bernie Bowes** and Jim and their committee has over 400 people attending the Governor's visit and the Sacramento River Cats Baseball game.

Both of these projects will benefit our both these projects will benefit our Kiwanis Family House (KFH).

Rita Beall and her finance committee are planning several great fund raisers as well as an annual anniversary celebration of our KFH.

Special thanks go out to **Ginny Macko** of the Kiwanis Club of Rancho Murietta and **Robin Simpson** of the
(Continued on page 9)

www.kiwanisfamilyhouse.org



Important Dates

Kiwanis Family House Board meetings

Kiwanis Family House
2875 50th Street
Sacramento, CA 95817
Second Thursdays 7:00 pm

2012

May 10

June 9 (annual meeting)

Details in this issue!

July 12

Aug 9

Sept 13

Oct 11



Free money

There are still areas with Albertsons Supermarkets. Keep using your Albertson's Preferred Savings Card.

**Register your card by calling
(800) 353-9002.**

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website: www.kiwanisfamilyhouse.org

The Kiwanis Family House is a 501 (c) 3 organization incorporated by in the State of California and recognized by the IRS.

Board of Kiwanis Family House

President:.. **William (Bill) Hooper (2014)**
Vice President.....**Calvin Hara (2014)**
Secretary.....**Emily Chirk (2014)**
Treasurer.....**Joyce A. Blonskij (2012)**
Director.....**Karen Borman (2014)**
Director.....**Bob Isaacs (2013)**
Director.....**George MacMurphey(2013)**
Director.....**Dan Saulisberry (2012)**
Director.....**Neil Strain (2012)**
Director.....**Rita Beall (2013)**
Director..... **Matthew J. Wehner (2014)**

Past President.....**William "Rick" Dwyer**
UCDMC Liaison..... **J.P. Eres III**
Editor.....**John W. Seigal**

House Talk is published monthly and sent to supporters and owners of the Kiwanis Family House Inc.. The editor is solely responsible for the content. It is the intent to be 100% accurate. Articles labeled as Editorial represent the opinion of the editor and may not represent the opinion of the Kiwanis Family House, the board, or Kiwanis International. The address of the editor is P.O. Box 1131 Sloughhouse, CA 95683-1131 or email: jwseigal@sbcglobal.net

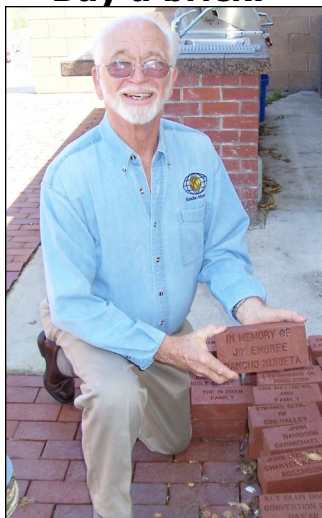
Kiwanis Family House Mission Statement

"The mission of the Kiwanis Family House is dedicated to providing housing and support to families of seriously ill children and adults being treated at University of California, Davis, Sacramento."

Subscription information about House Talk

- ♥ *House Talk* is the official publication of our KFH.
- ♥ Each Sponsor Club is emailed a copy to the designated Kiwanian.
- ♥ If you are interested in receiving the House Talk via email visit our website at:
www.kiwanisfamilyhouse.org and enter your email address on the lower left-hand corner where it says "Sign Up For Our Email Newsletter".
- ♥ If you wish to receive it by US Postal Service contact Editor on page 12.

Buy a brick!



KFH Board Member, **Neil Strain**, is showing the bricks.

The bricks cost \$100@. The lettering grid is 15 spaces across and three rows deep.

Use them for birthdays, anniversaries, memorials, sponsored organizations, past presidents, honorary members, and more. They last longer than plaques.

For more information or a brick order contact editor.

See page 12.

Would you donate 3% of your supermarket shopping to our Kiwanis Family House?

It is simple as 1-2-3

1. Do you shop at Save Mart, Smart, Food Maxx or Lucky Supermarkets?
2. If so scan your S.H.A.R.E.S. card and the house gets a percentage. You still get the great sale prices and the rest.



3. If you do not have a card contact editor (page 10) and send your name and USPS mailing address. Editor will send you a S.H.A.R.E.S. card by return mail!
Scan the S.H.A.R.E.S. card each time you shop!



See us at:



- ♦ **June 28-30th Kiwanis International Convention New Orleans**
- ♦ **92nd Annual Cal-Nev-Ha District Convention August 16-18, 2012 Santa Clara Hyatt Regency, Santa Clara, California 5101 Great America Parkway Santa Clara, California,**

Kiwanis Family House, not in my backyard!

Report #121

Since October 1, 2001 to March 31, 2012, *(the effective dates of this report)*, **10,558** families have stayed one or more nights at our Kiwanis Family House while being treated at UCDMC.

This report covers over ten years. Previous to October 1, 2001 the reports were tabulated in a different format.

Our KFH has hosted **823** families from **outside Cal-Nev-Ha District** (California, Nevada, and Hawaii).

These **823** families come from:

Alabama	Montana
Alaska	Nebraska
Arizona	New Hampshire
Arkansas	New Jersey
Colorado	New Mexico
Connecticut	New York
Delaware	North Carolina
District of Columbia	Ohio
Florida	Oklahoma
Georgia	Oregon
Idaho	Pennsylvania
Illinois	South Carolina
Indiana	South Dakota
Iowa	Tennessee
Kansas	Texas
Kentucky	Utah
Louisiana	Vermont
Maryland	Virginia
Massachusetts	Washington
Michigan	West Virginia
Minnesota	Wisconsin
Mississippi	Wyoming
Missouri	

Also, there have been families from:

- Belgium
- Brazil
- Canada
- England
- Federated States of Micronesia
- Guatemala
- Haiti
- Israel
- Italy
- Mexico
- Netherlands
- New Zealand
- Pakistan
- People's Republic of China
- Republic of Palau
- Serbia
- Taiwan
- Uruguay
- Venezuela
- Wales

Division 7 and Division 44 are considered the "host" divisions. Families living within 35 miles of UCDMC are **not** eligible to stay at our KFH.

Aren't you glad that there is your Kiwanis Family House at UC Davis Medical Center in Sacramento, California?

Div.	Lt. Gov.	Families	%
39	Mower	2,839	26.89%
14	Dunning	1,158	10.97%
Out of	District	823	7.80%
27	Montalbo	778	7.37%
45	Pisiewski	717	6.79%
46	Smith	656	6.21%
44	Bowes-Jr.	639	6.05%
20	Smith	416	3.94%
23	Siminske	400	3.79%
8	Frazier	330	3.13%
32	Avants	282	2.67%
7	Kocsis	209	1.98%
5	Hillman	171	1.62%
26	Gilliam	146	1.38%
18	Roberts	117	1.11%
12	Imper	111	1.05%
36	Tidler	107	1.01%
34	Litteer	104	0.99%
2	Bowerman	93	0.88%
38	Rardon	61	0.58%
28	Yelinek	36	0.34%
43	Bowen	34	0.32%
33	Johnson	32	0.30%
29	TerBorch	28	0.27%
41	Bonar	25	0.24%
42	Gray	25	0.24%
11	Nakawatase	22	0.21%
15	Haendiges	19	0.18%
6	Whatley	18	0.17%
22	Rugg	18	0.17%
31	Higgins	17	0.16%
16	Hyland	16	0.15%
30	Fields	14	0.13%
47	Platzke	14	0.13%
1	Davis	13	0.12%
10	Arnold	12	0.11%
24	Benitez	12	0.11%
37	Sargent	12	0.11%
4	Brooks	11	0.10%
25	Montaño	9	0.09%
13	Graham	6	0.06%
35	Salgren	6	0.06%
19	McDannold	2	0.02%
	Totals	10,558	100.0%

Neighborhoods... not numbers!



The column to the left mentions numbers, where are guests are from codified by Kiwanis Divisions.

This article defines our guests from their neighborhoods during the month of **March 2012**.

California

- Alta (2)
- Alturas
- Anderson (2)
- Arroyo Grande
- Bakersfield (3)
- Bay Point
- Bieber
- Burney
- Castella
- Chico
- Chilcoot
- Clearlake Oaks (2)
- Colfax (2)
- Concord (2)
- Corcoran
- Corning (2)
- Crescent City (2)
- Dinuba
- Dunsmuir
- Dorris
- Durham
- Emeryville
- Eureka (4)
- Fairfield
- Fall River Mills
- Fortuna
- Fremont
- Fresno
- Greenville
- Gridley
- Hamilton City
- Hayfork
- Hayward
- King City (2)
- Laguna Nigel
- Laytonville
- Los Banos (2)
- Magalia (2)

(Continued on page 4)

Neighborhoods... not numbers! (Cont'd)

(Continued from page 3)

- Marysville
- McKinleyville (2)
- Meadow Valley (2)
- Modesto
- Mount Shasta
- Mountain Ranch
- Napa
- Nevada City
- North Fork
- Oak Run (2)
- Oakdale (3)
- Olivehurst
- Oroville (4)
- Paradise
- Pittsburg
- Pollock Pines
- Porterville
- Proberta
- Red Bluff (3)
- Redding (7)
- Rio Dell (2)
- Riverbank
- Roseville
- Salida
- San Francisco (2)
- Santa Cruz
- Santa Rosa
- Seiad Valley
- Selma
- Smith River
- Sonora (4)
- South Lake Tahoe (4)
- South San Francisco
- Stockton (4)
- Susanville (2)
- Truckee
- Vacaville
- Vallejo
- Victorville
- Westwood
- Williams
- Yuba City

Florida

- Orlando

Idaho

- Nampa

Illinois

- Deerfield

Montana

- Gallatin Gate

Nevada

- Carson City (2)
- Fallon
- Fernley
- Gardnerville
- Hawthorne
- Reno (3)
- Silver Springs
- Smith
- Sparks (2)
- Sun Valley
- Wadsworth
- Wellington (2)
- Winnemucca
- Yerington (2)

Oregon

- Medford

Washington

- Olympia
- Vancouver

Circle K Convention



The 58th Annual Circle K District Convention was held at Woodland Hills, California on March 23-25. The presentations covered service, leadership, and fellowship.

KFH Board Member **Calvin Hara** and KFH House Director **Dan Germain** attended with their sponsored Sacramento State University Circle K Club.

Calvin commented that KFH Board Member **Emily Chirk** also attended and set up the KFH display, developed and distributed KFH handouts specific for Circle K members. She spoke to many students who stopped by the table. Emily also was a workshop presenter on the subject "Kiwanis Relations Through Service." It was standing room only.

Emily Chirk (shown above on right) said: "It was fun. The mission of the KFH was well received."

Top ten!



If you want to watch **David Letterman's "Top Ten"**, you have to stay up late and watch TV.

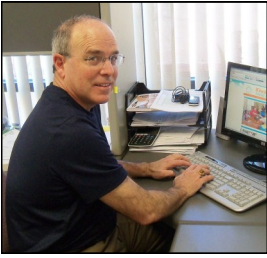
If you want to see KFH Guest Relations Coordinator's **Mauda Butte's "Top Ten"** from the KFH Wish List, all you have to do is read it here!

If you cannot fit them in an envelope to mail, then gift cards from Sam's Club and Costco work just fine also.

#10	Square boxes of facial tissues
#9	Cookies
#8	Coffee
#7	Canned meats: Spam, Vienna sausage, tuna fish
#6	Small packages of shampoo
#5	Costco style: bath towels, hand towels and face cloths.
#4	Laundry soap
#3	Boxed "Helpers" tuna, hamburger, chicken
#2	24 oz. bottles cooking oil
#1	California State Flag 3'x5'



Impressions by Dan Germain, House Director



I thought I knew everything there is to know about the wonder that is the Kiwanis Family House. I thought I appreciated everything there is to appreciate.

I thought I marveled at which all there is to marvel.

After all, I was around in 1984 when House #1 was cobbled together and, like most of you, I have been supporting it in varying degrees ever since.

But on April 1, I was blessed with the opportunity to slide into a front row seat like no other - House Director - and it was like donning a pair of 3-D glasses.

In my maiden column, I would love to share with all of you the three most impactful impressions of my first month on the job.

The sustained and fervent passion for our KFH among the region's K-Family members is evident every day.

On my first day of employment, I joined Gary **Christensen** on a trip to Red Bluff to address the Division 39 Council Meeting (DCM) where we met **Donna Ross**, president-elect of the Red Bluff Kiwanis Club and a former guest of the Kiwanis Family House.

Division 44's solid and spirited support for the KFH was on full display a week later at its DCM, masterfully hosted by the Placerville Kiwanis Club.

I left the meeting with a \$3,800 donation from the Roseville Club, a \$2,000 donation from the Auburn Club, a boxful of miniature stuffed moose and \$230 from Placerville's meeting-hosting activities, and a careful of donated supplies from the Amador Club.

From Division 20 in Eureka, I received a phone call from Lt. Governor **Dave Smith** about a load of supplies he is scheduled to deliver before the end of April. Key Club and Circle K members are at the House most week-ends performing service. I have received numerous email well wishes from Kiwanians around the District.

Impression #1 the K-Family loves this place!

Many of you hustle through the entrance of the KFH and smile at faces behind the reception desk as you make your way to the conference

room. I did that for many years without actually knowing anything about those who staff the House. Well, I've known **Mauda Butte**, of course. Everybody knows Mauda and appreciates her committed service as House Director for a decade.

I am most appreciative of her continued service as Guest Relations Coordinator. But now I know the other wonderful and hard-working members of the team. I know them as **Bonnie, Terri, Mariaelena, Arlene, Virginia, Beca, Evonne, Ashliegh, Scott, Jodi, and Lorraine**.

This team works hard 24/7 to ensure our House remains in a ready state, to receive families referred by the hospitals we support. I may supervise these employees but, in a way, I also consider them my clients. It is my job to provide them with the resources they need to perform their jobs as effectively and efficiently as possible and to remove barriers that may prevent them from doing so.



So, Impression #2 We often recognize the thousands of Kiwanis, Circle K, Key Club and unaffiliated volunteers for their contributions to the mission. Please help me equally appreciate the staff.

Stars are aligning. We have a Board of Directors that is engaged and passionate about the mission. We have a strategic plan that charts an ambitious but realistic course of action into the near future.

As recognized above, we have the staff and cadre of volunteers willing to go the extra mile. Perhaps most importantly, we have the families from all corners of the globe who need us. In March, we served 154 families, the largest monthly total ever. Planned programmatic and service expansion at the two hospitals promises to lay even greater challenges in front of us. I say bring it on.



So, Impression #3 I can't wait to look back at today five years from now. I ask you all to join me in taking this gem of a facility to a higher level of impact, distinction, and service to others. Let's all make Vern and Leona Bright eternally proud.

I thought I knew everything there is to know about the wonder that is our Kiwanis Family House. I thought I appreciated everything there is to appreciate. I thought I marveled at which all there is to marvel. This past month has been enlightening indeed.

Dan Germain

dan.germain@yahoo.com

Bricks speak louder than words!

Ask yourself... Why did you join Kiwanis?

- As a hobby?
- To eat a meal?
- To meet people?
- To network?

What attracted you? Did you see a sign entering the city? Was there a plaque posted in a restaurant?

Most likely you were asked to join. Perhaps you didn't know how to spell *Kiwanis* or even know how to pronounce it. But you came along because you were invited.

May is membership month. Maybe the "**M**" in May stands for **Membership**.

Past Kiwanis International President **Paul Palazzolo** wrote: "*Half-finished work is labor lost when a club provides service, but does not grow to increase its ability to service.*"

"*May is Membership Month, and now is the time to plan for a fund challenge with a focused goal and a time frame to strengthen your club.*"



How do you go about recruiting new members?

It has been said; don't invite a prospective new member to your meeting to eat a meal.

Instead invite a prospective member to a service project so they can see the faces of those being served and how appreciative they are.

Some clubs have found great success in Kiwanis International's *Special Guest Day*. This is an eight week program organized to attract prospective members to a special gathering (usually a meal) and explain what we are all about and ask they to join. At a special guest day, there is generally a special speaker to inspire those in attendance as to what Kiwanis is all about.

But did you realize that bricks

(Continued on page 9)

Leona Bright 1921-2012 (Cont.'d)

(Continued from page 1)

Scottsdale, Arizona; **Laurie** of Berkeley, California; **Dennis** of Woodland, California; **Richard Philbin Bright**, **Donald** and **Ramona**, all of Sacramento, California.

When growing up in Southern California, one of her friends, was **Esther Williams**, the film and swimming star. She will be 91 on August 8, 2012.



Leona was preceded in death by two of her sons, **Laurie** in 2010 and **Richard** in 1966 and her husband of 61 years in 2000.

The grandmother of 10 and great-grandmother of 13, family was always the center of her life. Although many called her a "Professional Volunteer", if you asked her what was her occupation, she would proudly reply "Homemaker".

In 1971 she was honored by being chosen "Sacramento Woman of the Year" for her volunteer work in the many clubs and organizations she belonged to, mostly focusing on youth. The founding President of the *Juvenile Service Council*

and a delegate to the *White House Council on Youth*, she was always looking for a way to help the area's youth have a better life.

In 1984 she was the driving force behind getting *The Kiwanis Family House* built at the UCD Med Center, where the families of seriously ill children can stay, to be close to their children undergoing treatment.

With the help of the Kiwanians, *The Bradley Wilson Memorial Fund* and the *Cystic Fibrosis Foundation*, **Vern** and **Leona Bright** together built what was a seven bedroom house at 48th and V Streets in Sacramento, on the grounds at UCDMC. The facility is now a 32-room complex that services over a thousand families a year and is funded only by donation.

Parents would be taking their ill chil-



**Leona Bright at original Kiwanis Family House
At 48th and V Streets in Sacramento**

dren to the UC Davis Medical Center for treatment. Leona was trying to find homes for the families to stay while the children in the hospital. Nearby homes were tough to come by.

Then Leona turned to her husband and challenged him by saying, "Why don't you Kiwanians do something about this?" That is to say to provide a means of temporary shelter for such parents.

Vern was a member of the Southeast Kiwanis Club. Vern could not say "No" to Leona and no one else can or could either. Those Kiwanians took the challenge as marching orders. The challenge was held by those who built the new facility that we are in now. Vern was assisted by *The Bradley Wilson Memorial Fund* and the *Cystic Fibrosis Foundation*.

So the first Kiwanis Family House was cobbled together from old construction trailers on the corner of 48th and V Streets in Sacramento, on the UCDMC campus.

Support to the project was given by **Michael E. Miller, M.D.** Professor and Chair of the Department of Pediatrics, UCDMC. He mentioned, "The efforts by the Kiwanis Club to establish a family support structure on the UC Davis Medical Center grounds mark on of the most innovative and exciting developments in the history of this, or for that matter, most Medical Centers throughout the United States."

She is a Founding Member of Arden

Christian Church where her final services were held.

At that memorial service, one of the family members told the story of her drive and not accepting "no" for an answer.



Being presented with the first *Bright Award* at the Grand Opening of our new Kiwanis Family House.

It seems that Vern took his car in for servicing. The bill was about \$200. The car was a Chrysler product. Leona thought the repair should be part of a warranty and with no cost. Leona complained to the car dealer, the area representative, and the zone representative. All of which denied the claim. So Leona calls **Lee Tacocca**, the President and CEO of Chrysler Corporation. She did not speak with him but explained the

(Continued on page 7)

Leona Bright 1921-2012 (Cont.'d)

(Continued from page 6)

problem to a member of his staff. Sure enough in a few days, the refund was issued.

Leona in an interview on her 90th birthday thought back and said: "Two events stand out tops in my memory, the birth of my first son, and the establishment of the Kiwanis Family House".

Leona mentioned that at one time someone wanted to take over our KFH and possibly change its name. Leona said Vern stood up straight and said, "This is Kiwanis and it is meant for families." No further discussion on that topic ever came up again.

Leona also mentioned there were many obstacles that stood in the way. But at the last minute, a donation was made, a resource was found, or a person was recruited to overcome the obstacle. This tradition continues today. Some might attribute it to "Divine Intervention".

But the tradition continues. Let's follow the family tree.

Leona's son **Laurie** had a daughter **Kathryn (Leona's granddaughter)**. **Kathryn** had a daughter **Karolyn Covarrubias (Leona's great-granddaughter)**.

During spring break, **Karolyn Covarrubias** spent that week in community service. She is a Senior at Pleasant Grove High School in Elk Grove, California.



During that week, she was interviewed. She remembers **Vern** and **Leona**. "I would sleep over in their home from time to time. (Vern) would make me English muffins spread with

butter for breakfast. They both were so nice to me. I looked forward to coming to the KFH during Spring Break. This is the first time I was here. Before coming I knew it was a place where parents could stay. I expected to be like a hotel.

"I was surprised to find out there are kitchens here, a food closet, and clothes closet, a playground RV parking and so much more"

"When I graduate I plan to attend Cosumnes River Community College, then move on the UC Berkeley."



Thanks



The Kiwanis Club of Roseville made a donation to our Kiwanis Family House. The money came from its *Crab and Ship Festival*.

The check in the amount of \$3,730 was presented to Kiwanis Family House President **Bill Hooper**.

In the photo, left to right are: **Rita Beall**, KFH Board Member; **Dan Germain**, House Director; **Bill Hooper**; and **Jim Wooten** Roseville's Fund Raising Chair.



Photo credit: Guy Blair

Take me out to the ball game!

On the occasion of Governor **Richard Olmstead's** visit to Divisions 7 and 44, our KFH was presented with a check of \$3,100. The River Cats Baseball team donated to our KFH a portion of each ticket purchased by Kiwanis.

From left to right: **Bill Hooper**, **Lt. Gov. Bernie Bowes**, **Gov. Dick Olmstead**, **Lt. Gov. James Kocsis**, and **Dan Vistica** (River Cats).

Ways to support our Kiwanis Family House...



Donate your vehicle! Help a family in need!

If you have an old car, boat, or Recreational Vehicle (R/V) you can transform it into cash for our Kiwanis Family House.

Our KFH does not turn away any family who cannot pay the full amount to stay!

Our KFH has partnered with **Car Program Inc.** to provide an easy-to-use tax deductible process to donate your car, boat, or R/V.

You are able to donate your vehicle, running or not, and it does not have to be registered.

Questions: Call Board Member **Calvin Hara** at (916) 812-5524 or **Car Program Inc. (800) 240-0160**. This agency can accept donations from most of our 50 states to benefit our KFH!



- ✓ Next day pick-up
- ✓ Non-runner ok
- ✓ No smog ok
- ✓ 100% tax deductible

DONATE A CAR
(800) 240-0160

Kiwanian contact: Calvin Hara (916) 812-5524

KFH Open House

Our Kiwanis Family House Open House for May will be the 3rd Thursday on May 17, 2012 from 10:00 a.m. to 5:00 p.m.



Let's ride...

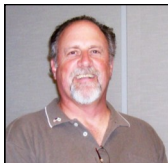
Dan invites us to go on a poker run to benefit our KFH!



A poker run is an organized event where participants, in this case, riding motorcycles,

must visit five to seven checkpoints, drawing a playing card at each one.

The object is to have the best poker hand at the end of the run. The event has a time limit, however the participants are not timed—winning is purely a matter of chance.



KFH Board Member, **Dan Saulisberry**, invites us all to the 5th Annual:

Brickyard 150 Poker Run

The date is Sunday June 24, 2012. Registration begins at 9:15 a.m. and the ride leaves at 10:00 a.m. **sharp!**

The location is 8988 Elder Creek Road, Sacramento, CA 95829-1031.

Cost is \$15, one up; and \$25, two up.

Benefits our Kiwanis Family House.

For more information call Dan at (916) 870-7373 or email him at:



dsaulisberry@thebrickyard.com



HELP WANTED

Anyone with a green thumb who could help us with the landscape maintenance or upgrading the landscape please call House Director **Dan Germain at (916) 736-0116** or dan.germain@aol.com



KFH Board member **Calvin Hara** takes care of most of our maintenance needs at the House, but he could use some help from a Handyman.

Calvin Hara can be reached at **(916) 812-5524**
cmhara@comcast.net



Become a friend!

Want to feel good about yourself?

The become a **Friend of our Kiwanis Family House**. It takes an annual donation of \$100 (or more). Information about memberships and ways to pay, is available at our website:

www.kiwanisfamilyhouse.org

Want to feel better about yourself? Consider giving your friends and relatives the "gift" of becoming a **Friend of our Kiwanis Family House**.

These donations keep our KFH in operation and keeping our commitment of never having to turn any one away for lack of payment.

Get your SHARES Card (on page2) so we get our "share".

SAVE MART
SUPERMARKETS

PAY
TO THE
ORDER OF

SHARES Participants

\$4,500,000

Four Million Five Hundred Thousand

DOLLARS

:1022 :123456789 111000222444

SaveMart



President's Message (Continued)

(Continued from page 1)

Sacramento Food Bank & Family Services for nominating KFH for the People Helping People Award presented by Community Link Capital Region.

This year's nominees reflect the breadth and depth of community service in the Sacramento Region, and vividly demonstrate that volunteerism and community service are thriving despite the community's challenging economic environment.

I cannot adequately express the pride I felt as our Kiwanis Family House was called to the stage as the winner in front of a full house at the Woodlake Inn on April 17, 2012.

This was a great moment for our Kiwanis Family House and for the Kiwanis family as the slides and story of our project filled the large screens of the banquet room.

Our KFH was selected from among 13 nominees in the Service Clubs and Associations category.

In reflecting on the prestigious recognition, House Director, **Dan Germain**, lauded the organization's many team members for their contributions to the organization's record of service.

"We are proud of the statement this award makes about the strong leadership of the KFH Board of Directors, the impressive daily efforts of the staff who ensure the facility is always in a state of readiness, the valued impact of the volunteers without whom we could not serve, and the wonder of one of the most impactful sustained programs in all of Kiwanis International." Way to go Kiwanis family you are really making a difference every day at KFH!

One very important reminder to our member clubs, if you cannot attend the annual meeting June 9, 2012 at 11:00 am at KFH make sure to send in your club's proxy.

We need to have a quorum of our member clubs represented to conduct business.

Also, there will be two openings on the Board of Directors of KFH. If you have any interest please call me or any Board member and talk about how you might help.

Candidates need to receive a nomination from their club's Board of Directors and send it, along with a short resume, to the House Director prior to the election.

Things at the House are going very well because of the tremendous support so many of you continue to provide. In March we had another record serving 154 families. I can only say thank you and please keep up the **great** work!

Till next time!

Yours in Kiwanis Service,

Bill Hooper

bhoopk1g56@comcast.net

Bricks speak louder than words! (Cont'd)

(Continued from page 5)

speak louder than words? Have you ever considered having your special guest day at our Kiwanis House? This building is bricks and mortar proof.

Past Lt. Governor **Jim Legler** tells the story of how he attended a KFH board meeting at our Kiwanis Family House. There he witnessed some kid (a guest) running around in his pajamas and slippers just like the kid would have done if he was at home. Then this image of an obvious Cancer Victim sunk in as to what Kiwanis is all about and the service and mission of our KFH.

Some clubs in the area will hold one of their regular meetings at our KFH; so all members will realize that their efforts in money raising projects pay off in big dividends in service to others.

Think about that!

For arrangements in meeting at our Kiwanis Family House or special meal service when you do, contact **Dan Germain**, House Director (916) 736-0116.

Recycling makes cents!

Donate ink cartridges, LASER cartridges, toner cartridges etc. to our KFH.

It helps the environment, lessens the impact on land fills, and makes cents.

If you work for a company, ask it if it will cooperate in giving you the items to take and donate.

Our KFH gets money when we turn them in.

Recycling money is **"green"** and spends the same way with a lessening on the KFH budget.

Green is the color of money!

Brand it!



To increase what you can see and understand, you should stand on the shoulders of a giant. This is as true today, and it was when the words were first crafted by **Bernard of Chartres** in the 12th century.

Nelson Tucker is one of the giants in the history of Kiwanis.

He is shown above with the late **Leona Bright**.

Leona mentioned to him that at one time someone wanted to take over our KFH and possibly change its name. Leona said Vern stood up straight and said, *"This is Kiwanis and it is meant for families."* No further discussion on that topic ever came up again. Nelson agreed.

Nelson became Governor of Cal-Nev-Ha District 1996-1997 and then the 90th President of Kiwanis International 2006-2007.

He was adamant that **Kiwanis is a Brand**. I interpreted that to mean that anything Kiwanis does or supports must include the Kiwanis name on it. It would answer many questions as to what Kiwanis is? And what does Kiwanis do?

Recently **Nelson Tucker** was emailed for advice on branding.

His response: got to www.kiwanisone.org and type in branding. It takes you to <http://www.kiwanisone.org/Pages/resources/default.aspx?PageID=36>

At this site there are three manuals that you can download:

1. *Public Relations and Marketing Handbook*
2. *Media Tool Kit*
3. *Graphic Standards Manual*.

These tools will help you **"Brand"** your projects and to spread the word. By spreading the word you can entice or invite new members to the club. New members mean more service.

It also allows the public to be more generous with contributions because they now know what is Kiwanis is and what it does.

**"Maternal obesity, diabetes
associated with autism, other
developmental disorders"**

The UC Davis MIND Institute (Medical Investigation of Neurodevelopmental Disorders) is a collaborative international research center, committed to the awareness, understanding, prevention, care, and cure of neurodevelopmental disorders.

A major study conducted by researchers affiliated with the UC Davis MIND Institute has found strong links between maternal diabetes and obesity and the likelihood of having a child with autism spectrum disorder (ASD) or another developmental disorder.

The study, which investigated the relationships between maternal metabolic conditions and the risk of neurodevelopmental disorders, found that mothers who were obese were 67% more likely to have a child with ASD than normal-weight mothers without diabetes or hypertension, and were more than twice as likely to have a child with another developmental disorder.

Mothers with diabetes were found to have nearly 67% more likely to have a child with developmental delays as healthy mothers. However, the proportion of mothers with diabetes who had a child with ASD was higher than in healthy moms but did not reach statistical significance.

The study also found that the children of diabetic mothers who had ASD were more disabled -- had greater deficits in language comprehension and production and adaptive communication -- than were the children with ASD born to healthy mothers.

"Over a third of U.S. women in their childbearing years are obese, and nearly one-tenth have gestational or type 2 diabetes during pregnancy.

"Our finding that these maternal conditions may be linked with neurodevelopmental problems in children raises concerns and therefore may have serious public-health implications," said Paula Krakowiak, a PhD Candidate in Epidemiology affiliated with the MIND Institute.



Autism spectrum disorder is characterized by impairments in social interaction, communication deficits and repetitive behaviors and often is accompanied by intellectual disability. An estimated one in 88 children born today will be diagnosed with autism

spectrum disorder, according to statistics recently released by the U.S. Centers for Disease Control and Prevention.

An estimated one in 83 U.S. children has another developmental disorder, which includes other disorders resulting in intellectual disability.

Among children whose mothers were diabetic during their pregnancies, the study found that the percentage of children with ASD born to women with type 2 diabetes or gestational diabetes (9.3%) or developmental disability (11.6%) was higher than the 6.4% of children with ASD born to women without these metabolic conditions.

Over 20% of the mothers of children with ASD or developmental delay were obese, compared with 14% of the mothers of typically developing children.

Approximately 29% of the children with ASD had mothers with a metabolic condition, and nearly 35% of the children with developmental delay had mothers with metabolic conditions. In contrast, 19% of the typically developing children had mothers with a metabolic condition.

The authors note that obesity is a significant risk factor for diabetes and hypertension, and is characterized by increased insulin resistance and chronic inflammation, as are diabetes and hypertension. In diabetic, and possibly pre-diabetic pregnancies, poorly regulated maternal glucose can result in prolonged fetal exposure to elevated maternal glucose levels, which raises fetal insulin production, resulting in chronic fetal exposure to high levels of insulin.

Because elevated insulin production requires greater oxygen use this may result in depleted oxygen supply for the fetus. Diabetes also may result in fetal iron deficiency. Both conditions can adversely affect fetal brain development, the authors said.

"The sequence of events related to poorly regulated maternal glucose levels is one potential biological mechanism that may play a role in adverse fetal development in the presence of maternal metabolic conditions," Dr. Krakowiak said.

For more information go to:
<http://www.ucdmc.ucdavis.edu/publicsh/news/mindinstitute/6166>



"Over the years"

The current series of **House Talk** (Volume I Issue 1) is dated May 1, 2001.

**Nine years ago
Volume III Issue 11
May 2003**



Total K Day March 29th was a total success day at our KFH. Kiwanis Clubs with representation: **Kiwanis Club of KFH, Capitol City, and Rancho Murieta.**

Key Clubs included **Sheldon High School and JFH.**

The **Kiwanis Club of Marysville** drove down with bags of goodies to support the house.

**Seven years ago
Volume V Issue 11
May 2005**

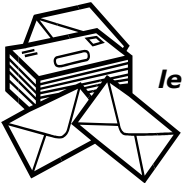


With the announcement of new logo to be introduced, the above was the oldest logo (on the patch) that could be found.

**Five years ago
Volume VII Issue 11
April 2007**



Sarge Wright (shown above) is heading a campaign to collect musical instruments to ship to North Orleans for students, victims of *Hurricane Katrina*.



"Letters, we get letters, we get stacks and stacks of letters..."

These letters are left at our KFH addressed to you. They are published to show our readers of the impact made by the staff and services of our Kiwanis Family House and UC Davis Medical Center. The letters are published as originally written and punctuated. This is to preserve the sincerity and spontaneity of the writer.

"A place to stay in crisis, is wonderful.

"One less burden crosses our minds.

"What a wonderful place.

"God Bless"

"To whom it may concern:

"I would like to thank you for providing a place for my family and me to stay while our premature son was at UC Davis Medical Center.

"We were very thankful to have a place to stay as we were four hours from home.

"I'm sorry I didn't get the RV key turned in. We left early to meet our son at Mercy Hospital in Redding.

"I hope this was not an inconvenience.

"Thank you again for helping us in our time of need."

"Dear Kiwanis Family,

"Thank you for the hospitality and comfort.

"Will see you soon"

"Dear Family House,

"Our son has needed his family nearby.

"Over the years Kiwanis has always been there to hold us up!

"It's a blessing and we will always be grateful and thankful for the "room at-the-inn"

"Bless you!"

"Thank you for taking care of my daughter, her husband, and my granddaughter".

"Dear Friends at the Kiwanis Family House and House Manager

"I am a little negligent in getting this Thank-you Note off to you. But I still wanted to say thank-you for a very pleasant, convenient, and economical stay at your Kiwanis Family House.

"We had no idea when the ENT department at UC Davis asked if we would like to stay at the Kiwanis House what our adventure would be.

"We knew we would have to stay overnight having the Post-Op the day prior to the surgery and coming from Redding, California.

"Our room was freshly made up with linens and towels, plus we had kitchen privileges as well as access to the pantry and fresh foods with our own refrigerator!

"The shuttle bus was also a blessing, not having to park in paid parking during the surgery.

"Thank you.

"As a small child I remember my Dad was a member of the Kiwanis Club and also served as President of the Pe Ell, Washington Club.

(Editor's note: Pe Ell is about 50 miles southeast of Olympia, Washington)

"I remember them putting on dinners for people using the Pe Ell Methodist Church kitchen and Sunday School area there during the 1950's.

"It was a great service to that small community. Never did I realize I would personally take advantage of the service of this organization as an adult there at your Kiwanis House.

"Thank-you!"

"If it weren't for Kiwanis these last 10 years I would not be able to afford to be with my son!

"They are the best!"

"Dear Mauda,

"I can't find the right words to Thank You and the Kiwanis Family House. But I'll try because you all try everyday (and succeed) to help others.

"I will try the rest of my life to give back. Kiwanis House is a Godsend! But the people who work here make it such a 'safe, caring, comforting place' to stay.

"I don't know how you do what you do, I mean know what to do, on a daily basis.

"You somehow know when someone needs to cry and be alone or when they could use a smile and help.

"I was never in need here, and I'm so grateful to you.

"I will never forget you.

"I will never not help someone and I will thank God everyday for our many blessings.

"With love and best wishes"

"My stay was short for an appointment at the clinic.

"(This was) my first experience with 'Kiwanis House'.

"I was uncertain what to find, when I arrived here- Very pleasantly surprised at what you provide here.

"Looking at the various writings in this book-I agree- Thank God you are here!

"You should be very proud for what you do! God Bless!"

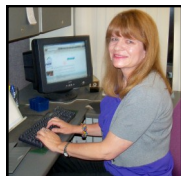
"Thank you for taking care of my daughter, her husband, and my granddaughter".



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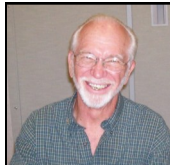
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- ♥ Communication is a two way street.
- ♥ We are here to inform.
- ♥ We are here to listen.
- ♥ We are here to remind.
- ♥ We are here to answer any questions.
- ♥ We are here to offer suggestions.
- ♥ Contact information is listed above.
- ♥ If you are unsure which one to call, give anyone a call and you will be directed to the right ambassador.



Find us on
Facebook

Now you can help support the Kiwanis Family House by using Facebook. If you are on Facebook (or are planning on joining) you should **"Like"** the Kiwanis Family House page.

You can also click **"Share"** on any posting and this will share our stories with your Friends. It appears on their wall and news feed for Friends to see and spreads the message of Kiwanis Family House!

You can also **"Suggest"** a page to all your friends via a message. Just click on **"Suggest to Friends"** (the fourth link down from the logo) and choose the friends to whom you want to send an invitation to the Page.

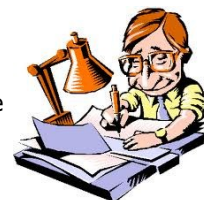
You can post any comments, stories, or suggestions for other Fans to see, and it will also appear on your walls for your Friends to see.

If you want to reference something that is on the web-site, you should include a link to the Kiwanis Family House page along with your posting.

House Talk: Contact the Editor

Quick Facts about **House Talk**

1. **House Talk** is a monthly newsletter published by the Kiwanis Family House, Inc.
2. The editor is solely responsible for the content of **House Talk**.
3. Deadline 5:00 pm on the second Thursday of the month.
4. Items are solicited. Items submitted will not be returned unless noted by the sender.
5. Errors in the **House Talk** are to be brought to the attention of the editor. Egregious errors will be corrected in a future edition.
6. Responses to the articles and authors unless indicated otherwise can be sent to the editor for forwarding.
7. Editor is **John W. Seigal**.
8. Email address is: jwseigal@sbcglobal.net
9. US Postal Service address is: P.O. Box 1131 Slough-house, CA 95683-1131



ELIMINATE

Kiwanis eliminating maternal/neonatal tetanus



With The Eliminate Project, Kiwanis International and UNICEF have joined forces to *eliminate maternal and neonatal tetanus*. This deadly disease steals the lives of nearly 60,000 innocent babies and a significant number of women each year. The effects of the disease are excruciating — tiny newborns suffer repeated, painful convulsions and extreme sensitivity to light and touch.

To eliminate MNT from the Earth, more than 100 million mothers and their future babies must be immunized. This requires vaccines, syringes, safe storage, transportation, thousands of skilled staff and more. It will take US\$110 million — and the dedicated work of UNICEF and every member of the Kiwanis family.