**President’s Message**

Let me start by wishing all of our supporters a wonderful Holiday Season.

Your generous donations of your time, talent, and treasure will allow us to serve close to 1,500 families this year.

The donations many of you made to the *Sponsor a Family for a Night* will pay for approximately a third of those families, and will help another third of the families with part of the $40 a night we ask families to contribute towards the cost of their stay.

As you consider making a donation to the House during the holidays, please think about sponsoring a family for as many nights as your budget can comfortably manage.

We are proud that in our 28 years of operation we have never turned away a family for financial reasons and this has happened because of your donations to the Support a Family Fund. Thank you!

This is also the time of year some clubs like to decorate the House or provide a meal for the guests for the appropriate holiday. To do this please contact volunteer coordinator Karen Borman (see page 10) so she can help the House Director schedule the various volunteer events.

We also try to do some deep cleaning if we have any vacancies during the holidays, so if you have some flexibility in your schedule, and would like to assist with cleaning chores at our House let Karen know so we can put you on the list of helpers to call for assistance as rooms open up.

Other happenings include The Kiwanis Club of Greater Sacramento’s annual Dr. Seuss House Lighting, which will take place on Dec 1st. This is an event you will really enjoy, watch for details. If your club is not selling See’s candy and you want some, order it from KFH.

As we start the New Year, mark your calendar for the 21st annual Red & White Ball which will take place at the Dante Club on Feb. 16, 2013.

(Continued on page 4)

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**From our house, to your house:**

HAPPY THANKSGIVING!

We have much to be thankful for, such as our KFH!

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**Important dates**

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**Ambassadors**

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**Contact Editor**

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**Art heals!**

The healing power of art and music has been known throughout history. Christian and Buddhist art also works on the principle that meditating on images or listening to certain sounds puts a person in a sacred state and heals.

In Navaho sand painting the patient was put on the ground and the sand painting was made by a medicine man around them. The sand paintings imagery told a traditional Navaho healing story and the healer told the story of the painting to the tribe as it was made.

It is believed that the story, and the shapes and colors directly effect the spirits and heal the patient. Researchers find that Navahos using sand painting are healed from some conditions that Western medicine cannot cure.

Texas A&M University’s Sarajane L. Eisen, writes, “Art is assumed to possess therapeutic benefits of healing for children, as part of patient-focused design in healthcare. Research on adult patients suggests that by infusing art into the healthcare setting, the design may reduce stress that could impede the healing process.”

The healing power of art is precisely why the University at Buffalo Center for the Arts began its Arts in Healthcare Initiative some years ago. But it took the efforts of the faculty and students of Sacramento City College to the healing Process of our KFH.

It began with a chance meeting in 2005 when Frank Zamora met with our KFH’s Gary Christensen. Frank Zamora is a Professor of Art, who works in the Humanities and Fine Arts Division of Sacramento City College of the Los Rios Community College District.

(Continued on page 7)
Important Dates

Kiwanis Family House
Board meetings
Kiwanis Family House
2875 50th Street
Sacramento, CA 95817
Second Thursdays 7:00 pm
Nov 8
Dec 13
2013
Jan 10
Feb 13 (Wednesday)
Mar
Apr
May
June (annual meeting) TBA

Free money
There are still areas with Albertsons Supermarkets. Keep using your Albertson's Preferred Savings Card.
Register your card by calling (800) 353-9002.

House Talk is a monthly newsletter published by the Kiwanis Family House, Inc. 2875 50th Street, Sacramento, CA 95817-2308. (916) 736-0116.
website: www.kiwanisfamilyhouse.org
The Kiwanis Family House is a 501 (c) 3 organization incorporated by in the State of California and recognized by the IRS.

Board of Kiwanis Family House
President: William (Bill) Hooper (2014)
Vice President...............Calvin Hara (2014)
Secretary.....................Emily Chirk (2014)
Treasurer........Matthew J. Wehner (2014)
Director.......................Rita Beall (2013)
Director.......................Karen Borman (2014)
Director............ William (Rick) Dwyer (2015)
Director.............. Bob Isaacs (2013)
Director.......... George MacMurphey (2013)
Director........... Dan Saulisberry (2015)
Past President.......William (Rick) Dwyer
UCDMC Liaison.............. J.P. Eres III
Editor.......................John W. Seigal

House Talk is published monthly and sent to supporters and owners of the Kiwanis Family House Inc. The editor is solely responsible for the content. It is the intent to be 100% accurate. Articles labeled as Editorial represent the opinion of the editor and may not represent the opinion of the Kiwanis Family House. The board, or Kiwanis International. The address of the editor is P.O. Box 1131 Sloughhouse, CA 95683-1131 or email: jwseigal@sbcglobal.net

Would you donate 3% of your supermarket shopping to our Kiwanis Family House?
It is simple as 1-2-3
1. Do you shop at Save Mart, Smart, Food Maxx or Lucky Supermarkets?
2. If so scan your S.H.A.R.E.S card and the house gets a percentage. You still get the great sale prices and the rest.

3. If you do not have a card contact editor (page 10) and send your name and USPS mailing address. Editor will send you a S.H.A.R.E.S card by return mail!
Scan the S.H.A.R.E.S card each time you shop!

Subscription information about House Talk
♥ House Talk is the official publication of our KFH.
♥ Each Sponsor Club is emailed a copy to the designated Kiwanian.
♥ If you are interested in receiving the House Talk via email visit our website at: www.kiwanisfamilyhouse.org and enter your email address on the lower left-hand corner where it says "Sign Up For Our Email Newsletter".
♥ If you wish to receive it by US Postal Service contact Editor on page 9.

Buy a brick!

The memorial bricks cost $100 each. The lettering grid is 15 spaces across and three rows deep.
Use them for birthdays, anniversaries, memorials, sponsored organizations, past presidents, honorary members, and more. They last longer than plaques.
For more information or a brick order contact editor. See page 10.
Kiwanis Family House, not in my backyard!

Report #127
Since October 1, 2001 to September 30, 2012, (the effective dates of this report), **11,418** families have stayed one or more nights at our Kiwanis Family House while being treated at UCDMC and Shriners Hospital for Children®.

This report covers over **11,418 families** have been treated at UCDMC and Shriners Hospital for Children®. This report includes families who stayed one or more nights at our Kiwanis Family House while being treated at UCDMC and Shriners Hospital for Children®.

The column to the left mentions numbers, where are guests are from, codified by Kiwanis Divisions. This article defines our guests from their neighborhoods during the month of September 2012.

**Arkansas**
- Pottsville

**California**
- Anderson
- Arroyo Grande
- Bakersfield
- Berkeley
- Berry Creek
- Chico (4)
- Corning (3)
- Cottonwood (2)
- Crescent City
- Dixon
- Eureka
- Flourney
- Forest Ranch (2)
- Fort Jones (2)
- Fresno (3)
- Grass Valley (3)
- Greenville
- Gridley (2)
- Hanford
- Hayfork
- Hickman
- Jackson
- Kelseyville
- Lakeport
- Lathrop
- Leggett
- Lewiston
- Lodi (4)
- Loma Rica
- Manteca
- Mariposa
- Orland
- Oroville (5)

(Continued on page 4)

**Neighborhoods... not numbers!**

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<thead>
<tr>
<th>Div.</th>
<th>Lt. Gov.</th>
<th>Families</th>
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<td>Mower</td>
<td>3,109</td>
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<tr>
<td>14</td>
<td>Dunning</td>
<td>1,229</td>
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<tr>
<td></td>
<td></td>
<td><strong>Out of</strong></td>
<td>893</td>
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<tr>
<td>27</td>
<td>Montalbo</td>
<td>820</td>
<td>7.18%</td>
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<tr>
<td>45</td>
<td>Pisiewski</td>
<td>805</td>
<td>7.02%</td>
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<tr>
<td>46</td>
<td>Smith</td>
<td>690</td>
<td>6.08%</td>
</tr>
<tr>
<td>44</td>
<td>Bowes-Jr.</td>
<td>681</td>
<td>5.98%</td>
</tr>
<tr>
<td>20</td>
<td>Smith</td>
<td>451</td>
<td>3.96%</td>
</tr>
<tr>
<td>23</td>
<td>Siminske</td>
<td>435</td>
<td>3.78%</td>
</tr>
<tr>
<td>8</td>
<td>Frazier</td>
<td>350</td>
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</tr>
<tr>
<td>32</td>
<td>Avants</td>
<td>313</td>
<td>2.72%</td>
</tr>
<tr>
<td>7</td>
<td>Kocsis</td>
<td>217</td>
<td>1.91%</td>
</tr>
<tr>
<td>5</td>
<td>Hillman</td>
<td>197</td>
<td>1.72%</td>
</tr>
<tr>
<td>26</td>
<td>Gilliam</td>
<td>164</td>
<td>1.44%</td>
</tr>
<tr>
<td>18</td>
<td>Roberts</td>
<td>131</td>
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<tr>
<td>12</td>
<td>Imper</td>
<td>119</td>
<td>1.05%</td>
</tr>
<tr>
<td>36</td>
<td>Lidteer</td>
<td>110</td>
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<tr>
<td>34</td>
<td>Littler</td>
<td>109</td>
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<tr>
<td>38</td>
<td>Rardon</td>
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</tr>
<tr>
<td>28</td>
<td>Yelinek</td>
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</tr>
<tr>
<td>43</td>
<td>Bowen</td>
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<tr>
<td>33</td>
<td>Johnson</td>
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<td>TerBorch</td>
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<td>42</td>
<td>Gray</td>
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<tr>
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<td>25</td>
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</tr>
<tr>
<td>11</td>
<td>Nakawatase</td>
<td>24</td>
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</tr>
<tr>
<td>22</td>
<td>Rugg</td>
<td>20</td>
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</tr>
<tr>
<td>6</td>
<td>Whatley</td>
<td>19</td>
<td>0.17%</td>
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<tr>
<td>15</td>
<td>Haendiges</td>
<td>19</td>
<td>0.16%</td>
</tr>
<tr>
<td>16</td>
<td>Hyland</td>
<td>17</td>
<td>0.15%</td>
</tr>
<tr>
<td>31</td>
<td>Higgins</td>
<td>17</td>
<td>0.15%</td>
</tr>
<tr>
<td>47</td>
<td>Platzke</td>
<td>15</td>
<td>0.13%</td>
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<tr>
<td>30</td>
<td>Fields</td>
<td>14</td>
<td>0.12%</td>
</tr>
<tr>
<td>1</td>
<td>Davis</td>
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<td>0.12%</td>
</tr>
<tr>
<td>37</td>
<td>Sargent</td>
<td>13</td>
<td>0.12%</td>
</tr>
<tr>
<td>4</td>
<td>Brooks</td>
<td>12</td>
<td>0.11%</td>
</tr>
<tr>
<td>10</td>
<td>Arnold</td>
<td>12</td>
<td>0.11%</td>
</tr>
<tr>
<td>24</td>
<td>Benitez</td>
<td>12</td>
<td>0.11%</td>
</tr>
<tr>
<td>25</td>
<td>Montaño</td>
<td>9</td>
<td>0.08%</td>
</tr>
<tr>
<td>35</td>
<td>Salgren</td>
<td>7</td>
<td>0.06%</td>
</tr>
<tr>
<td>13</td>
<td>Graham</td>
<td>6</td>
<td>0.05%</td>
</tr>
<tr>
<td>19</td>
<td>McDannold</td>
<td>2</td>
<td>0.02%</td>
</tr>
<tr>
<td></td>
<td>Totals</td>
<td>11,418</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

Also, there have been families from:
- Belgium
- Brazil
- Canada
- England
- Federated States of Micronesia
- Guatemala
- Haiti
- Israel
- Italy
- Mexico
- Netherlands
- New Zealand
- Pakistan
- People’s Republic of China
- Republic of Palau
- Serbia
- Taiwan
- Uruguay
- Venezuela
- Wales

Division 7 and Division 44 are considered the “host” divisions. Families living within 35 miles of UCDMC are not eligible to stay at our KFH.

Aren’t you glad that there is your Kiwanis Family House in Sacramento, California?

(Continued on page 4)

www.kiwanisfamilyhouse.org
Neighborhoods... not numbers! (Cont’d)

(Continued from page 3)
- Palo Alto
- Palo Cedro
- Paradise (3)
- Paskenta
- Pioneer
- Pittsburg
- Porterville
- Quincy (2)
- Red Bluff (4)
- Redding (6)
- Riverside
- Rocklin
- Saint Helena
- San Diego
- San Pablo
- Shasta Lake (2)
- Smith River
- South Lake Tahoe (5)
- Stockton (2)
- Tehachapi
- Truckee
- Tulare
- Tuolumne
- Ukiah
- Vacaville
- Ventura (2)
- Visalia
- Watsonville
- West Point
- Westport
- Yreka
- Yuba City
- Hawaii
- Kailua
- Illinois
- Des Plaines
- Minnesota
- Stauchfield
- Nevada
- Carson City
- Fallon
- Incline Village (2)
- Minden
- Reno (5)
- Winnemucca
- Yerington
- Oregon
- Hermiston
- South Dakota
- Emery

21st Annual Red & White Ball
Karen Borman is reminding everyone to circle February 16, 2013 on their calendars.
That is the date for the 21st Annual Red & White Ball to benefit our Kiwanis Family House (KFH).
The date is set, but the price has not been set yet. It depends on the cost for the meal and a few other factors.
It will follow the same successful formula that has been developed over the decades.

Set your GPS for the Dante Club located at 2330 Fair Oaks Boulevard, Sacramento, CA 95825.
It is a dinner dance.

There will be a silent auction to provide you an opportunity to pick up some neat prizes and gifts. The proceeds go to our KFH. Stay tuned for more details.

President’s Message by Bill Hooper (cont’d)
(Continued from page 1)
From all of us on the KFH Board, for our staff and on behalf of all the families we serve, Happy Thanksgiving and thank you being a supporter of our wonderful Family House.
You are making a difference! Till next time,
Yours in Kiwanis Service,
Bill ehoopklg56@comcast.net
Two young survivors revisited us here at our Kiwanis Family House (KFH) in October.

Erika Deshaies from Redding, California is one of our continuing stories. We have shared Erika’s story often with Kiwanis clubs and divisions in recent months.

Many of you have heard Erika’s mom, Jennifer, tell their story and thank Kiwanis for our contribution to their healing journey.

Jennifer was a guest at the House for five months during Erika’s extended hospitalization and surgeries. The family houses with us periodically when follow-up treatments and check-ups bring them back to Sacramento. Such was the case on October 17 and 18, when we snapped this latest photo. But we first had to catch up to this little speedster to get the photo opportunity. I am very pleased to share her growth and progress with you.

Logan Baikie-Rick paid us a visit on October 18. Even though parents Melissa and Aaron from Arbuckle, California have been part of our family for most of 2012, we met young Logan for the first time on this October morning.

Logan was born prematurely on February 25, 2012 and weighed just over one pound. Melissa and Aaron walked through our doors several days later needing temporary lodging and an awful lot of loving support.

This initial stay lasted through the end of May, a total of 92 nights. After having the opportunity to spend most of the month of June at home in Arbuckle, the family returned to us when Logan was hospitalized with complications.

The following 100 days were harrowing for young Logan and frightening for mom and dad. The boy’s survival was uncertain for a time. The Kiwanis Family House provided Melissa and Aaron with the chance to remain at their son’s side throughout his hospitalization.

We firmly believe that the comfort, strength, and security the Family House provided to the family aided in their healing. Melissa and Aaron have certainly told us so.

Logan is home again.

Dan Germain
dangermain@kiwanisfamilyhouse.org

Kiwanis Family House
Wish List
By Dan Germain
Our Kiwanis Family House has needs. These items are usually readily available at a convenient store or perhaps you have them at your home. If you feel you can help out with an item, either take it to our Family House or give us a call at (916) 736-0116 to arrange a pick up.

Donate gift cards for Green Acres for our fall landscaping.
www.idiggreenacres.com

Office Supplies:
- Yellow card stock, 8 ½ x 11, 67 lb.

Cleaning Supplies:
- Lysol® blue toilet bowl cleaner
- Swiffer® All-Purpose Cleaning Solution
- Swiffer® pads (dry variety)
- laundry soap (powder)
- liquid dish washing machine soap
- small bottle dish washing soap

Personal Care Items
- facial tissue
- deodorants
- hair brushes
- personal travel-size shampoo, conditioner, and soap
- hand-held hair dryers

Kitchen Supplies
- Paper plates
- Solo 12-ounce hot and cold drink cups
- coffee
- cookies

Other Essentials
- Air Wick air freshener warmers
- Ziploc® freezer bags – quart/gallon
- room deodorizers (need refills only – Cool, Mountain Breeze, Vanilla)
- individually wrapped candy for the reception desk

Please call the Kiwanis Family House at (916) 736-0116 to coordinate the donation of any of the special Wish List items.

Kiwanis Family House,
2875 50th Street
Sacramento, CA 95817

www.kiwanisfamilyhouse.org
Ways to support our Kiwanis Family House...

Donate your vehicle! Help a family in need!
If you have an old car, boat, or Recreational Vehicle (R/V), you can transform it into cash for our Kiwanis Family House.

Our KFH does not turn away any family who cannot pay the full amount to stay!

Our KFH has partnered with Car Program Inc. to provide an easy-to-use tax deductible process to donate your car, boat, or R/V.

You are able to donate your vehicle, running or not, and it does not have to be registered.

Questions: Call Board Member Calvin Hara at (916) 812-5524 or Car Program Inc. (800) 240-0160. This agency can accept donations from most of our 50 states to benefit our KFH!

Recycling makes cents!
Donate ink cartridges, LASER cartridges, toner cartridges etc. to our KFH.

It helps the environment, lessens the impact on land fills, and makes cents.

If you work for a company, ask it if it will cooperate in giving you the items to take and donate.
Our KFH gets money when we turn them in for recycling.
Recycling money is “green” and spends the same way with a lessening on the KFH budget.
Green is the color of money!

Join the green team

We need teams of volunteers who would come on a timely basis (based on the season) to keep the grass mowed and other similar projects.
Donate a day or two each month on a regular basis.
To join the KFH Green Team call House Director Dan Germain (916) 736-0116 or dangermain@kiwanisfamilyhouse.org

There is a plan to redo the walkway in front of the Kiwanis Family House.

Needed: A person with experience working with concrete to pour a walkway in front of the house.
Also needed: People to move the bricks currently there and help with framing for the walkway.

Anyone with a green thumb who could help us with the landscape maintenance or upgrading the landscape please call House Director Dan Germain at (916) 736-0116 or dangermain@kiwanisfamilyhouse.org

KFH Board member Calvin Hara takes care of most of our maintenance needs at the House, but he could use some help from a Handyman.

Calvin Hara can be reached at (916) 812-5524 cmhara@comcast.net

Become a friend!
Want to feel good about yourself? The become a Friend of our Kiwanis Family House. It takes an annual donation of $100 (or more). Information about memberships and ways to pay, is available at our website: www.kiwanisfamilyhouse.org

Want to feel better about yourself? Consider giving your friends and relatives the “gift” of becoming a Friend of our Kiwanis Family House.

These donations keep our KFH in operation and keeping our commitment of never having to turn any one away for lack of payment.

Get your SHARES Card (on page2) so we get our “share”.

DONATE A CAR
(800) 240-0160
Kiwanian contact: Calvin Hara (916) 812-5524

KFH... visit us!
If you are in the neighborhood and what to stop by for a visit, please do.
If you want to arrange a special tour in advance, call us at (916) 736-0116.
Hold a club meeting here!
Frank Zamora has been teaching for four decades. His interest in art has been with him from childhood. He reports: "It is as intense, as ever. I continue with renewed interest due largely, to my many worthy students."

"I met Gary Christianson in 2005. He was requesting help for the decoration of the Kiwanis house. My wife suggested that I meet and offer my help."

Mr. Zamora took his participating students to visit our KFH.

"The students that did come to the Kiwanis Family house were impressed by the operation and how the program is run by this organization. Eli K. Lee and Aaron Stanley, two students who made a major contribution to the project agreed that 'without the efforts of Kiwanis House many deserving families would be without hope. The contributions of our art work serve as a reflection of combined student efforts to extend our compassion to those in need.'"

There were two projects that the students participated in, the decoration of our KFH for the grand opening and the recent contributions to each guest room.

Frank Zamora: As a contributor and organizer of the two projects, I have been very impressed with the professionalism of the organization and their undying passion to help the volume of people that they serve. This was a pivotal factor in motivating our SCC students to donate their time and efforts. Every student that contributed consider this an honor to have participated in this project.

"This was part of an independent studies group of students that volunteered their time to make this project possible.

"Our students sacrificed in many ways to make this all happen, from their art efforts, their financial contributions, and their fund raising efforts. Our administration is proud of them all."

Gary Christianson (above) is holding the plaque recognizing the efforts of the Sacramento City College Art Students and Faculty.

This plaque is displayed at our Kiwanis Family House.

In the background (on the wall) is a painting by Frank Zamora.

Look for them during your next visit.

Photo Credits: Sacramento City College
The Centers for Disease Control and Prevention (an agency of the US Federal Government) reports:

- Each year, one in every three adults age 65 and older falls. Falls can cause moderate to severe injuries, such as hip fractures and head injuries, and can increase the risk of early death. Fortunately, falls are a public health problem that is largely preventable.

How big is the problem?

- One out of three adults age 65 and older falls each year, but less than half talk to their healthcare providers about it.
- Among older adults (those 65 or older), falls are the leading cause of injury death. They are also the most common cause of nonfatal injuries and hospital admissions for trauma.

What outcomes are linked to falls?

- Twenty to thirty percent of people who fall suffer moderate to severe injuries such as lacerations, hip fractures, or head traumas. These injuries can make it hard to get around or live independently, and increase the risk of early death.
- Falls are the most common cause of traumatic brain injuries (TBI). In the past, TBI accounted for 46% of fatal falls among older adults.
- Most fractures among older adults are caused by falls. The most common are fractures of the spine, hip, forearm, leg, ankle, pelvis, upper arm, and hand.
- Many people who fall, even if they are not injured, develop a fear of falling. This fear may cause them to limit their activities, which leads to reduced mobility and loss of physical fitness, and in turn increases their actual risk of falling.

Fall-related Deaths

- The death rates from falls among older men and women have risen sharply over the past decade.
- In 2009, about 20,400 older adults died from unintentional fall injuries.
- Men are more likely than women to die from a fall. After taking age into account, the fall death rate in 2009 was 34% higher for men than for women.

Fall Injuries

- People age 75 and older who fall are four to five times more likely than those age 65 to 74 to be admitted to a long-term care facility for a year or longer.
- Rates of fall-related fractures among older women are more than twice those for men.
- Over 95% of hip fractures are caused by falls. In 2009, there were 271,000 hip fractures and the rate for women was almost three times the rate for men.

The UC Davis Health System is taking a proactive approach to lessen these injuries. The program is called “Stepping On”. The programs is to build confidence and reduce falls. It is a free seven week workshop.

- Where: Kiwanis Family House 2875 50th Street Sacramento, CA 95817.
- When: Wednesdays Nov 7, 14, 21, 28 and Dec. 5, 12, and 19. 9:00 a.m. to 11:00 a.m.
- Who should come:
  - People who are 65 years or older.
  - Those who are fearful of falling.
  - Those who has had a fall in the past year.
  - Those who are living at home.

How to sign up: Call (916) 734-9794. Space is limited. Reserve your seat today.

Come learn:

- Simple, fun ways to improve balance and strength.
- The role vision plays in keeping balance.
- How medication can contribute to falls.
- What to look for in safe footwear.
- How to check your home for safety.
“Letters, we get letters, we get stacks and stacks of letters…”

These letters are left at our KFH addressed to you. They are published to show our readers of the impact made by the staff and services of our Kiwanis Family House and UC Davis Medical Center. The letters are published as originally written and punctuated. This is to preserve the sincerity and spontaneity of the writer.

“Soy (nombre) estuve muy a gusto en esta casa porque nos tutoran muy bien y es un lugar que realmente ayuda porque como nosotros que venimos de México no se qué abinemos hecho sin esta ayuda.

“(Nombre) mi esposa y yo los mos sinceros gracias y como nosotros no podemos pagar lo que es que Dios se los pague y muchísimos gracias. Ojalá y sigan ayudando a gente necesitado como nosotros. Gracias.”

“Words alone cannot express my gratitude for this ‘home, away from home’. Everyone here has been so kind, considerate, and supportive. I feel that the staff has given me their love in addition to their help. God bless them”

“I praise the Lord. I thank Him for the love and kindness of the Kiwanis of Northern California for the Kiwanis Family House.

“When a loved one is ill, relations want to be close by. That can be expensive, even impossible. Yet, here’s a clean, friendly house—a home to live in.

“Thank you, Lord. Thank you, Kiwanis. Thank you, especially KFH staff and volunteers.”

“I met a very special friend while I was here. Her name is (name). She left the day before I did and left a note to tell me goodbye”

“I would like to thank every wonderful person here for helping us through a hard period in our 3-year old child’s life. He is pulling through fine :-(

“Just a short note of thanks and gratitude for the wonderful hospitality and welcoming open arms in a time of need for us! “Thanks again for everything and God Bless everyone here”

“To All The Wonderful Friends Here:

“I can never find the words to express how much I appreciate all you have done for me.

“You made it possible for me to stay here for three weeks to see my daughter thru the most difficult part of her stay in the hospital.

“I firmly believe that the many prayers that were said for us helped us thru the worse part.

“I shall always remember the many kindnesses that were showered on me. My prayers will always be for all those who will come to stay.

“Dear Kiwanis House Staff,

“Your help was appreciated very much. You certainly have a special touch.

“Thank you all so much for your help while we were staying with you.

“Bonnie and Terri were especially helpful.

“You made what could have been a very stressful time so much easier.

“Thanks again”.

Seventh grade students from Capital Christian Middle School paid their annual visit to the Kiwanis Family House on Friday, October 5.

The hard-working volunteers washed windows, weeded planters, and performed various indoor housekeeping chores during their two-hour work party. As always, these efforts contributed to the comfort of the guests staying at the KFH.

“This group of students represented Capital Christian Middle School in the finest way and we always value the difference they make here,” commented House Director Dan Germain. “Several guests noticed the working students and appreciated them for adding to the quality of their stay.”

Thank you, Capital Christian. We look forward to seeing your Cougar pride again in 2013!!
Kiwanis Family House

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With The Eliminate Project, Kiwanis International and UNICEF have joined forces to eliminate maternal and neonatal tetanus. This deadly disease steals the lives of nearly 60,000 innocent babies and a significant number of women each year. The effects of the disease are excruciating — tiny newborns suffer repeated, painful convulsions and extreme sensitivity to light and touch.

To eliminate MNT from the Earth, more than 100 million mothers and their future babies must be immunized. This requires vaccines, syringes, safe storage, transportation, thousands of skilled staff and more. It will take US$110 million — and the dedicated work of UNICEF and every member of the Kiwanis family.

Now you can help support the Kiwanis Family House by using Facebook. If you are on Facebook (or are planning on joining) you should “Like” the Kiwanis Family House page.

You can also click “Share” on any posting and this will share our stories with your Friends. It appears on their wall and news feed for Friends to see and spreads the message of Kiwanis Family House!

You can also “Suggest” a page to all your friends via a message. Just click on “Suggest to Friends” (the fourth link down from the logo) and choose the friends to whom you want to send an invitation to the Page.

You can post any comments, stories, or suggestions for other Fans to see, and it will also appear on your walls for your Friends to see.

If you want to reference something that is on the website, you should include a link to the Kiwanis Family House page along with your posting.

Quick Facts about House Talk

1. House Talk is a monthly newsletter published by the Kiwanis Family House, Inc.
2. The editor is solely responsible for the content of House Talk.
3. Deadline 5:00 pm on the second Thursday of the month.
4. Items are solicited. Items submitted will not be returned unless noted by the sender.
5. Errors in the House Talk are to be brought to the attention of the editor. Egregious errors will be corrected in a future edition.
6. Responses to the articles and authors unless indicated otherwise can be sent to the editor for forwarding.
7. Editor is John W. Seigal.
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Communication is a two way street.
We are here to inform.
We are here to listen.
We are here to remind.
We are here to answer any questions.
We are here to offer suggestions.
Contact information is listed above.
If you are unsure which one to call, give anyone a call and you will be directed to the right ambassador.

www.kiwanisfamilyhouse.org